



**UNIVERSITY OF SWAZILAND
SUPPLEMENTARY EXAMINATION PAPER**

PROGRAMME: BACHELOR OF SCIENCE IN FOOD SCIENCE,
NUTRITION AND TECHNOLOGY, CONSUMER
SCIENCE AND CONSUMER SCIENCE EDUCATION
YEAR III

COURSE CODE: FSNT 301

TITLE OF PAPER: COMMUNITY NUTRITION

TIME ALLOWED: TWO (2) HOURS

INSTRUCTIONS: ANSWER QUESTION ONE (1) AND ANY OTHER TWO
(2) QUESTIONS

**DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY
THE CHIEF INVIGILATOR**

QUESTION 1 (COMPULSORY)

- (a) What leadership roles can community nutritionists play in the prevention of hunger and nutrition? (16 Marks)
- (b) Discuss **eight (8)** major nutritional challenges using the life cycle approach. (24 Marks)

[TOTAL MARKS = 40]

QUESTION 2

- (a) Explain how you would evaluate nutrition education programmes in your community. (20 Marks)
- (b) What should be included in a nutritional care plan? (10 Marks)

[TOTAL MARKS = 30]

QUESTION 3

Describe factors influencing nutritional status under the following categories:

- (a) Food (10 Marks)
- (b) Health (10 Marks)
- (c) Care (10 Marks)

[TOTAL MARKS = 30]

QUESTION 4

(a) Describe three main types of action that can be developed to meet the nutrition challenge in Swaziland.

(12 Marks)

(b) Describe the clinical method used in the assessment of nutrition.

(18 Marks)

[TOTAL MARKS = 30]