

UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV
FINAL EXAMINATION PAPER MAY, 2005

TITLE OF PAPER : COUNSELLING AND GUIDANCE I & II

COURSE : IDE-BAE 307-1 & 2

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :
1. ANSWER **FOUR (4)** QUESTIONS ONLY. AT LEAST ONE FROM EACH OF THE THREE SECTIONS A, B AND C. QUESTION 1 IS COMPULSORY.
 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.
 3. DO NOT WRITE ON THE QUESTION PAPER.

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1 [COMPULSORY]

Instructions: Read the following case and answer the questions below.

MANZINI TOPS ALL IN SEXUAL ABUSE CASES

MBABANE: Manzini Region tops in the number of reported sexual abuse cases at the Swaziland Action Group Against Abuse (SWAGAA) in November. SWAGAA through its mouthpiece Mandla Lumphondvo released statistics showing a 58% increase in sexual abuse cases reported in the region. This is after a total number of 17 sexual abuse cases were reported to 11 SWAGAA sites (including the toll free-site) where the region recorded nine cases.

At the site based in Manzini six sexual abuse cases reported by different girls, one being lodged by an adult female and one lodged by a boy. In Mankayane (in the same region) an adult female and two girls reported sexual abuse. In Bhunya an adult woman lodged a sexual abuse complaint.

In the Hhohho region sites where the collection of the data cases was obtained include Mbabane, Ngwenya, Motshane, Simunye and Ngomane. Others are Big-Bend, Bhunya, Hlathikulu, Mankayane and the Toll Free Centres.

Table 1.1 SWAGAA STATISTICS FOR THE MONTH OF NOVEMBER, 2004.

SITE	EMOTIONAL				PHYSICAL				SEXUAL				ECONOMICAL				TOT (%)
	Adult		Child		Adult		Child		Adult		Child		Adult		Child		
	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	
MANZINI	36	16	1	1	12	2	2	1	1	-	4	1	15	2	2	-	96
MBABANE	12	4	1	1	6	1	-	-	-	-	3	-	2	-	-	-	28
NGWENYA	1	-	-	-	-	-	-	1	-	-	-	-	2	-	-	-	4
MOTSHANE	-	1	-	-	-	-	1	-	-	-	-	-	-	-	-	-	2
SIMUNYE	3	-	-	-	2	-	-	-	1	-	-	-	-	1	-	-	7
NGOMANE	-	-	-	-	-	-	1	-	-	-	-	-	1	-	1	-	3
BIG-BEND	1	1	-	-	2	-	-	-	-	-	-	-	3	-	-	-	7
BHUNYA	-	1	-	-	1	-	-	-	1	-	-	-	1	-	-	-	4
HLATSI	-	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	2
MANKAYANE	6	2	1	1	2	-	-	-	1	-	2	-	5	-	-	1	21
TOLL-FREE	21	11	3	-	3	-	-	-	3	-	-	-	8	-	2	-	51

- a) Give your interpretation of the above scenario, as a student of counselling and guidance, in the light of abuse and the HIV and AIDS pandemic.
[10 marks]
- b) What is the role are/could providers of counselling and guidance play in addressing the issue?
[10 marks]
- c) Using experience gained from the providing institution to which you have been attached, part of this academic year, explain strategies that are being used and their effectiveness.
[10 marks]
- d) What is the role of adult education?
[10 marks]

SECTION B

QUESTION 3

- (a) What is the role of theory in the counseling and guidance of adults?
[10 marks]
- (b) With the aid of examples, discuss the link between personality theories and counseling theories.
[10 marks]

QUESTION 4

Both directive and client-centred counseling are directed toward helping the client achieve development of her/his potential. Discuss [20 marks]

QUESTION 5

- (a) Identify and describe techniques used by existential counsellors.
[10 marks]
- (b) Describe how you could apply them to a setting of your choice in Swaziland.
[10 marks]

QUESTION 6

- (a) Discuss the relationship between counselor and counselee.
[10 marks]
- (b) With the aid of examples, discuss the role of a counsellor in in a setting of your choice.
[10 marks]

SECTION C**QUESTION 7**

- (a) Discuss the procedures and uses of the Transactional Analysis of counselling and guidance of adults theory (Berne, 1964).
[10 marks]
- (b) Describe how you could apply this approach in a setting of your choice in Swaziland.
[10 marks]

QUESTION 8

- (a) Discuss the procedures and uses of the Gestalt theory of counselling and guidance of adults(Perls, 1894-1970). [10 marks]
- (b) Describe how you could apply this approach in a setting of your choice in Swaziland.
[10 marks]

QUESTION 9

With the aid of examples, discuss how you could counsel a person who is HIV positive and suicidal in a setting of your choice in Swaziland.
[20 marks]