

Course Code : IDE-BAE 413 (M) 2005 Page 1 of 3

**UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION**

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

FINAL EXAMINATION PAPER, MAY, 2005

- TITLE OF PAPER : COUNSELLING AND GUIDANCE III**
- COURSE CODE : IDE-BAE 413**
- TIME ALLOWED : TWO (2) HOURS**
- INSTRUCTIONS :**
- 1. ANSWER THREE QUESTIONS ONLY. ONE (1) FROM EACH OF THE TWO SECTIONS**
 - 2. QUESTION ONE IS COMPULSORY**
 - 3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 4. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1 [COMPULSORY]

Table 1.1 Types of abuse reported to SWAGAA(through face-to-face counselling) by Female, Male and Children April,2002- March,2003

Month	Sexual			Incest			Physical			Emotional			Economic			Total
	F	M	C	F	M	C	F	M	C	F	M	C	F	M	C	
April	4	0	3	0	0	3	29	1	2	72	31	0	36	5	0	186
May	13	1	4	0	0	1	45	3	0	95	40	0	56	13	0	271
June	6	0	15	0	0	4	32	2	0	82	38	0	43	15	0	237
July	5	0	5	0	0	6	35	3	2	75	39	0	41	7	0	218
August	17	0	6	4	0	4	36	3	0	60	23	0	35	6	3	197
September	4	0	7	0	0	2	26	3	2	64	24	0	41	8	0	181
October	9	0	4	0	0	0	57	6	5	5	123	35	67	15	2	328
November	21	0	11	1	0	1	38	3	1	84	40	2	56	19	0	277
December	6	0	2	4	0	0	34	11	0	59	27	0	7	24	3	177
January	16	0	9	0	0	1	31	7	2	132	49	6	7	12	4	276
February	19	2	29	0	0	1	43	11	10	120	59	13	71	12	10	400
March	6	2	10	3	0	1	61	8	7	128	50	10	70	14	4	374
Total	126	5	105	12	0	24	467	61	31	976	543	66	530	150	26	3122

SOURCE : SWAGAA Annual Report 2002/2003 (p.9)

- (a) Discuss the relationship between psychotherapy and counseling and guidance theories.
[20 marks]
- (b) With the aid of examples, discuss the role of the systemic : family and group approach to counseling and guidance of adults. [10 marks]
- (c) Describe how you could apply the above approach in a setting of your choice in Swaziland.

SECTION B

QUESTION 2

- (a) Write a critique on counseling and guidance of adults practices in Swaziland.
[15 marks]
- (b) Explain the role of education and training in the provision of counseling and guidance services to adults in Swaziland.
[15 marks]

QUESTION 3

- (a) Describe the psycho-analytical approach to counseling and guidance of adults.
[15 marks]
- (b) Explain how you could apply it to a counseling and guidance setting of your choice.
[15 marks]

QUESTION 4

- (a) Describe the cognitive-Behavioural approach to counseling and guidance of adults.
[15 marks]
- (b) Explain how you could apply it to a counseling and guidance setting of your choice.
[15 marks]

QUESTION 5

- (a) Describe the Humanistic approach to counseling and guidance of adults.
[15 marks]
- (b) Explain how you could apply the Humanistic approach to a counseling and guidance setting of your choice.
[15 marks]

QUESTION 6

- (a) What is the role of values and ethics in the counseling and guidance of adults?
[15 marks]
- (b) Describe how you will deal with information provided to you by a client diagnosed with HIV/AIDS?
[15 marks]