

Course Code : IDE-BAE 413 (M) 2007

UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

FINAL EXAMINATION PAPER, MAY 2007

TITLE OF PAPER : COUNSELLING AND GUIDANCE III

COURSE CODE : IDE-BAE 413

TIME ALLOWED : TWO (2) HOURS

- INSTRUCTIONS :**
- 1. ANSWER THREE QUESTIONS ONLY. ONE (1) FROM EACH OF THE THREE SECTIONS**
 - 2. QUESTION ONE IS (SECTION A) IS COMPULSORY**
 - 3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 4. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1 : (COMPULSORY) (40 MARKS)

INSTRUCTIONS: Read the following case and answer the questions below.

CASE

Nomathemba Mdluli graduated from UNISWA with a Bachelor of Commerce degree two years ago. She is 24 years old and employed as middle level manager at Tibiyo. Last year she got married to Themba Nxumalo, a 28 year old MBA graduate of the University of Surrey, who is the Management Information System (MIS) Director at Swazibank. The Nxumalo have a good combined income which has enabled them to buy a house, and a family car. In addition, they have some livestock which are at Nxumalo=s home in Siteki. Nxumalo=s father is a retired civil servant and the mother, La-Simelane, will soon be a retiring nursing officer. The Nxumalos have a six months old daughter, Sibongile.

Before the arrival of Sibongile, the Nxumalos had enough time for each other as well as their career. Things changed in the first three months of Sibongile=s arrival Nomathemba got her maternity leave and gave all her attention to their baby, and since her return to Tibiyo she has experienced a lot of mounting pressure from both her supervisors and clients. She now does not have enough time for the baby. Sibongile is most of the times under the care of Khanyisile the baby-sister. Themba, on the hand, seems to have switched this attention from wife to the new arrival, Sibongile. Nomathemba complains that now Themba does not care about her. She thinks it might be wise if they contact Themba=s parents to take in the grand-daughter for a few days, in order for them to sort themselves out. Themba is adamant that Sibongile is better off under his roof than at the grand parents= in the rural areas.

- (a) Discuss the nature of conflict and possible counselling and guidance services needed by a person/persons mentioned in the above scenario.
[10 marks]
- (b) Give your reasons for your response in (a) above.
[8 marks]
- (c) Choose an appropriate counselling and guidance approach and describe:-
- (i) Key developmental tasks and goals the initial stage, working stage and final stage.
[6 marks]
- (ii) Your role in the initial stage, working stage and final stage.
[6 marks]
- (iii) Your client's role in the initial stage, working stage and final stage.
[6 marks]
- (iv) The techniques that you would use to facilitate the process.
[4 marks]
- Total = [40 marks]**

SECTION B

QUESTION 2

- (a) Describe the similarities and differences between the Psychoanalytical approach and the Transactional Analysis approach to the counselling and guidance of adults.
[15 marks]
- (b) Choose any of the above approaches and describe how you would use it in a counselling and guidance setting of your choice in Swaziland
[15 marks]

QUESTION 3

- (c) Describe the similarities and differences between the Individual/Adlerian approach and the Humanistic/Existential approach to the counselling and guidance of adults.
[15 marks]

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- (d) Choose any of the above approaches and describe how you would use it in a counselling and guidance setting of your choice in Swaziland
[15 marks]

SECTION C

QUESTION 5

- (a) Describe the distinction between (i) professional/Institutional , (ii) open, and (iii) situation based counselling and guidance for adults.
[15 marks]
- (b) Discuss the effectiveness of providers of the above services in Swaziland.

[15 marks]

QUESTION 6

- (a) Discuss the role of Family, Systems and group techniques of counselling and guidance for adults.
[20 marks]
- (b) Explain the application of the above techniques in a setting of your choice in Swaziland.
[10 marks]

QUESTION 7

- (a) Explain the role of values and ethics in the practice of counselling and guidance.
[15 marks]
- (b) Critique current practices of counselling and guidance in Swaziland.