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Course Code : IDE-BAE 413 (M) 2009

**UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION**

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

MAIN EXAMINATION PAPER, MAY, 2009

- TITLE OF PAPER : COUNSELLING AND GUIDANCE OF ADULTS III**
- COURSE CODE : IDE-BAE 413**
- TIME ALLOWED : TWO (2) HOURS**
- INSTRUCTIONS :**
- 1. ANSWER THREE QUESTIONS ONLY, ONE (1) FROM EACH OF THE THREE SECTIONS**
 - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 3. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1[Compulsory]

Write a critique on the provision of counselling and guidance services to adults in Swaziland. [40 marks]

SECTION B

QUESTION 2

Describe how and why you could use cognitive-behavioural techniques for counselling and guidance of adults in a setting of your choice in Swaziland. [30 marks]

QUESTION 3

Describe how and why you could use Psycho-analytical techniques for counselling and guidance of adults in a setting of your choice in Swaziland. [30 marks]

SECTION C

QUESTION 4

- (a) Describe the main assumptions of (i) professional/Institutional , (ii) open, and (iii) situation based counselling and guidance for adults practices [15 marks]
- (b) Discuss the strengths and weaknesses of providers of the above services in Swaziland. [15 marks]

QUESTION

- (a) Describe the main assumptions of Family, Systems and group techniques of counselling and guidance for adults. [15 marks]
- (b) Discuss the strengths and weaknesses of providers of the above services in Swaziland. [15 marks]