

Course Code: IDE-BAE 413 (M) 2010

**UNIVERSITY OF SWAZILAND  
INSTITUTE OF DISTANCE EDUCATION**

**BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V**

**MAIN EXAMINATION PAPER, MAY, 2010**

- TITLE OF PAPER : COUNSELLING AND GUIDANCE OF ADULTS III**
- COURSE CODE : IDE-BAE 413**
- TIME ALLOWED : THREE (3) HOURS**
- INSTRUCTIONS:**
- 1. ANSWER THREE QUESTIONS ONLY. ONE FROM EACH SECTION.**
  - 2. QUESTION ONE IS COMPUSLORY.**
  - 3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
  - 2. DO NOT WRITE ON THE QUESTION PAPER.**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

**SECTION A**

**QUESTION 1: (COMPULSORY) (40 MARKS)**

**INSTRUCTIONS: Read the following scenario and answer the questions below.**

**Scenario**

A 44-year-old man who demanded to make love to his wife in front of his friends was arrested for sexual harassment. The man surprised all and sundry when he pleaded guilty and went to explain that he needed to have sex urgently. He said that he had had one too many swigs of very strong marula brew on that day and it made him feel like making love there and then.

He agreed that he insulted and harassed his 43-year-old wife and further ordered her to have sex with him at their home in Mandlangemphisi sometime in January this year. It was gathered that the man, his wife and a team of friends was seated under a tree but were forced to move into the man's house when it began to rain.

The wife stated that when they were inside the house, her husband demanded that they have sex, which she refused. Although she refused, he kept pestering her and even insulted her for refusing. She stated that she tried to reason with him, but he was too drunk to understand. The wife was so distressed by her husband's behaviour that she went to report the matter to her parental home before reporting it to the police. She noted that it was not the first time that her husband harassed her sexually. She said that she sometimes spends the night in the bushes together with her children. When the husband is drunk he chucks them out of the house.

The husband apologised to her before the court and had already smoked a peace pipe with his in-laws before coming to court. He was convicted and sentenced to six months imprisonment with the option of a sixty emalangenani (E60) fine.

- (a) Discuss the nature of conflict and possible counselling and guidance services needed by a person/persons mentioned in the above scenario.  
[10 marks]
- (b) Give your reasons for your response in (a) above.  
[8 marks]
- (c) Choose an appropriate counselling and guidance approach and describe:-
- (i) Key developmental tasks and goals for the initial stage, working stage and final stage. [6 marks]
- (ii) Your role in the initial stage, working stage and final stage. [6 marks]
- (iii) Your client's role in the initial stage, working stage and final stage. [6 marks]
- (iv) The techniques that you would use to facilitate the process. [4 marks]
- Total = [40 marks]**

**SECTION B**

**QUESTION 2**

Describe how and why you could use cognitive-behavioural techniques for counselling and guidance of adults in a setting of your choice in Swaziland.

[30 marks]

**QUESTION 3**

Describe how and why you could use Psycho-analytical techniques for counselling and guidance of adults in a setting of your choice in Swaziland.

[30 marks]

**QUESTION 4**

Using the Existential approach to counselling and guidance of adults, describe how you could deal with a client who is finding little meaning in life and often times expresses suicidal thoughts.

[ 30 marks]

**SECTION C**

**QUESTION 5**

(a) Describe the main assumptions of (i) professional/Institutional, (ii) open, and (iii) situation based counselling and guidance for adults practices

[15 marks]

(b) Discuss the strengths and weaknesses of providers of the above services in Swaziland.

[15 marks]

**QUESTION 6**

- (a) Describe the main assumptions of Systemic approach to counselling and guidance for adults.  
[15 marks]
- (b) How you could use the systemic counseling with HIV and AIDS clients  
[15 marks]