

Course Code: BAE 310 (M) Page 1 of 3 December, 2012

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR III

MAIN EXAMINATION PAPER DECEMBER, 2012

TITLE OF PAPER : PSYCHOLOGY OF ADULT EDUCATION I

COURSE : IDE-BAE 310

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :**
- 1. ANSWER FOUR (4) QUESTIONS ONLY.) ONE (1) FROM SECTION A AND THREE (3) FROM SECTION B.**
 - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 3. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1 IS COMPULSORY

QUESTION 1 [34 marks]

“James Matsebula lives in Matsapha and drives to work in Mbabane daily. Since the onset of the rainy season traffic has been unbearable. He has been late to work on numerous occasions, missed very important meetings and at times it has been difficult for him to collect his daughter from school in time. The situation has been made worse by the end of year demands for financial returns, audited reports and the company’s revised strategic plan.

The recent storm devastated his farm and is yet to assess the full damage. The damage by the storm extended to all his neighbours, and everybody is looking for means to address the damage. His wife, LaFakudze, gave birth to a very healthy baby boy two weeks ago. She is currently on her third week of maternity leave. It is encouraging though, that their families and friends have given them the much needed support under these circumstances.

Last week, the family received news from their relative who is studying in the USA, that the area in which she lives had been hardly hit by hurricane Sandy. There has not been any further communication since then, and the family is worried.

Today Matsebula left home very, in order to avoid the traffic congestion. He has a business meeting which will be chaired by the CEO .He is determined to be there on time. As he was driving past the Mbabane bus rank, on his way to drop his daughter at her school, he was attracted by shouts and screams. Three taxi drivers were having a fight at the busy bus rank. There was a lot of excitement, which was punctuated by booing, jeering and cheering. One of the fighters had been knocked down, his clothes were in tatters, he was bruised and bleeding. Nobody seemed to care, as cheering and jeering went on unabated. Matsebula was confused for a moment, but then resolved to drive off. His meeting went well, but the morning scene keeps interrupting his concentration.”

- (a) Examine the above scenario in the light of Fiske and Chiriboga (1990)’s three levels of stress and stressors: micro-level(daily), meso-level (life events) and macro-level (global). [17 Marks]
- (b) What advice would you give Matsebula? And what do you recommend as the most effective strategies for coping with/managing stress? [17 Marks]

SECTION B

ANSWER THREE (3) QUESTIONS ONLY

QUESTION 2 [22 marks]

- (a) Using relevant examples, discuss the link between human growth, human development and maturation.
- (b) Why is adult development, in principle, important to any person interested in the education and training of adults?

QUESTION 3 [22 marks]

- (a) Describe two (2) methods that you could use in studying adult social development.
- (b) Examine the influence of culture on adult social development.

QUESTION 4 [22 marks]

“ The end model of development is the fully functioning person, the autonomous, independent and integrated adult personality” (Tenant,1989).

- (a) What is adult personality development?
- (b) Use any (2) personality theories to explain the link between adult learning and adult personality development?

QUESTION 5 [30 marks]

- (a) Critique the *entity* and *incremental* theories of human ability.
- (b) What is the relationship between age and mental ability?
- (c) Distinguish between *norm-referenced tests* and *criterion-referenced tests*.

QUESTION 6 [22 marks]

- (a) (i) What is emotion? (ii) What is emotional behaviour?
- (b) Construct a scenario to illustrate how one can cope with emotion.