

**UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION**

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

MAIN EXAMINATION PAPER, MAY, 2013

**TITLE OF PAPER : COUNSELLING AND GUIDANCE IN ADULT
EDUCATION III**

COURSE CODE : IDE-BAE- 413

TIME ALLOWED : THREE (3) HOURS

**INSTRUCTIONS : 1. ANSWER FOUR (4) QUESTIONS. ONE (1) FROM
SECTION A, AND THREE (3) FROM SECTION B
2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER
BOOKLET PROVIDED.**

3. DO NOT WRITE ON THE QUESTION PAPER.

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR**

SECTION A

QUESTION 1 IS COMPULSORY

- (a) What is systemic/family Counselling and guidance?
[10 marks]
- (b) Create scenarios to demonstrate how you could use systemic/family guidance and counselling techniques in any two(2) of the following areas (i) Intra family violence (ii) Drug and alcohol/ substance abuse, (iii) Bereavement (iv) any other identified psycho-social problem. [24 marks]

SECTION B

CHOOSE THREE (3) QUESTIONS

QUESTION 2 [22 MARKS]

- (a) Using relevant examples, discuss the goals of counselling for adults.
[8 marks]
- (b) Choose any type of guidance and counselling and outline how you could provide guidance services to adults in a setting of your choice.
[14 marks]

QUESTION 3 [22 MARKS]

- (a) Critique the *traditional view* and *the community approach* to counselling and guidance of adults. [11 marks]
- (b) Choose a scenario to demonstrate good qualities of a counsellor
[11 marks]

QUESTION 4 [22 MARKS]

- (a) Examine the origins of theoretical models of counselling.
[8 marks]
- (b) Create a scenario to demonstrate how you could use the following theoretical models in counselling adults: (i) Psychoanalysis (ii) Rational-Emotive Therapy
[14 marks]

QUESTION 5 [22 MARKS]

- (a) Using relevant examples discuss elements of the counselling process.
[11 marks]
- (b) Create a scenario to demonstrate how you could use the stages, identified in (a) above, in counselling adults
[11 marks]

QUESTION 6 [22 MARKS]

- (a) Using relevant examples, explain the use of genograms in counselling and guidance of adults .
[11 marks]
- (b) Create a scenario to demonstrate how you could use genograms in counselling adults.
[11 marks]