

**UNIVERSITY OF SWAZILAND**

**INSTITUTE OF DISTANCE EDUCATION**

**BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR III**

**MAIN EXAMINATION PAPER DECEMBER, 2014**

**TITLE OF PAPER : PSYCHOLOGY OF ADULT EDUCATION I**

**COURSE : IDE-BAE 310**

**TIME ALLOWED : THREE (3) HOURS**

- INSTRUCTIONS :**
- 1. ANSWER FOUR (4) QUESTIONS ONLY. ONE (1) FROM SECTION A AND THREE (3) FROM SECTION B.**
  - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
  - 3. DO NOT WRITE ON THE QUESTION PAPER.**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN**

**SECTION A**

**QUESTION 1 IS COMPULSORY**

**QUESTION 1 [34 marks]**

- (a) What is the distinction between emotion and stress?  
[8 marks]
- (b) Critique (i) individual and (ii) institutional response(s) to current incidents of stress in Swaziland.  
[14 marks]
- (c) What strategies could ensure a challenging and healthy environment, in which adults continue to realise, actualise and utilise their potential.  
[12 marks]

**SECTION B**

**ANSWER THREE (3) QUESTIONS ONLY**

**QUESTION 2 [22 marks]**

- (a) What is the distinction between developmental and non-developmental research methods of studying adult social development?  
[8 marks]
- (b) Using Erikson's concept of *ego development* and Havighurst's concept of *developmental tasks*, explain major elements of human social development in adulthood.  
[14 marks]

**QUESTION 3 [22 marks]**

- (a) What is adult personality development?  
[6 marks]
- (b) Use either (i) the big five-factor model- OCEAN ( MacCrae and Costa,2003) or (ii) Carl Rogers' theory of the self, to explain the link between adult education and adult personality development. [16 marks]

**QUESTION 4[22 marks]**

- (a) Using relevant examples, examine the link between human qualities, instruction and learning. [8 marks]
- (b) How popular and practical is the use of ability groups in Swaziland? [8 marks]
- (c) Examine the use of Criterion-referenced tests in adult education and training programmes. [6 marks]

**QUESTION 5[22 marks]**

- (a) Write brief notes on the following terms and concepts linked to human growth, human development and maturation: (i) genotype and phenotype, (ii) body systems (iii) nature and nurture, (iv) socialisation (v) old age dependency ratio. [10 marks]
- (b) Critique Santrock's (2006) observation that, amongst the most important factors linked to longevity are *heredity and family history, health(weight, diet, smoking and exercise), education, personality, and lifestyle.* [12 marks]

**QUESTION 6[22 marks]**

- (a) Construct a scenario to illustrate how you could create androgynous individual adults through educations and training. [11 marks]
- (b) What are group dynamics? Construct a scenario to illustrate how you could create a cohesive community group through education and training. [11 marks]