

Course Code: IDE-BAE 415 (M) 2014

**UNIVERSITY OF SWAZILAND  
INSTITUTE OF DISTANCE EDUCATION**

**BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV**

**MAIN EXAMINATION PAPER, MAY 2014**

- TITLE OF PAPER : COUNSELLING & GUIDANCE IN ADULT EDUCATION I**
- COURSE CODE : IDE-BAE 415**
- TIME ALLOWED : THREE (3) HOURS**
- INSTRUCTIONS :**
- 1. ANSWER FOUR(4) QUESTIONS ONLY. ONE (1) FROM SECTION EACH OF THE FOUR SECTIONS**
  - 2. QUESTION ONE (1) (SECTION A) IS COMPULSORY**
  - 3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
  - 4. DO NOT WRITE ON THE QUESTION PAPER.**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

**QUESTION 1: (COMPULSORY) (34 MARKS)**

**INSTRUCTIONS:** Read the following scenario and answer the questions below.

**SCENARIO**

Maria (40) and John (32) are very close siblings. Their biological parents died in a car accident thirty years ago. They grew up under the care of their grandparents from a tender age. The grandparents are now old and occasionally need care, which the siblings have provided in the form of a caregiver, Nomthandazo. Nomthandazo is a retired nurse. The two siblings have made considerable achievements in life. Maria is a lecturer in mathematics at the local university and John is an electrical engineer with a large industrial company. They have managed to expand their parents' compound. Last month they hosted a prayer in honour of their late parents. The event was well attended and went well. Maria has, however, noticed a lot of changes in John's behaviour since the event. John has lost appetite and looks tired most of the time. John has lost interest in going to the gym and in playing pool. Maria has attempted to have a word with him to no avail. Most of times he seems agitated. In a few conversations the siblings have had, and tips from friends, indicate that John harbours suicidal thoughts. He insists that no one should invade his privacy. Maria and the grandparents are worried. This is not the John they know.

- (a) What advice would you give to Maria? why?  
[10 marks]
- (b) Describe the counselling and guidance approach you could adopt in solving the problem and reaching a sensible conclusion about a course of action which John should take.  
[14 marks]
- (c) Explain why that approach would be the best approach in this particular context.  
[10 marks]

**SECTION B**

**QUESTION 2 [22 marks]**

- (a) Define/describe the terms “counselling” and “guidance”  
[8 marks]
- (b) Using relevant examples, discuss the genesis of modern counselling and guidance.  
[14 marks]

**QUESTION 3 [22 marks]**

- (a) Examine the contributions of Psychoanalytical theory and Individual psychology to counselling and guidance.  
[11 marks]
- (b) Choose any counselling and guidance theory to illustrate its role and function in the counselling and guidance of adults.  
[11 marks]

**SECTION C**

**QUESTION 4 [22 marks]**

- (a) Examine the contributions of client-centred theory and behavioural theory to counselling and guidance. [11 marks]
- (b) Choose any two Counselling and guidance techniques and explain scenarios/situations in which you could use them with a given clientele in Swaziland.  
[11 marks]

**QUESTION 5**

- (a) Examine the contributions of Rational-emotive therapy(RET) and Reality therapy to counselling and guidance.  
[11 marks]
- (b) Describe a scenario in which you could provide guidance to adults in two different settings. [ 11 marks]

**SECTION D**

**QUESTION 6 [22 marks]**

Describe how you would approach the counselling and guidance of 15 adult learners (8 females and 7 males) with the following learning problems :

- (a) Erratic attendance for all the 15 learners
- (b) Numeracy for the 7males only.
- (c) Social- economic problems for all the 15 learners.

**QUESTION 7 [22 marks]**

Critique the provision of counselling and guidance services to adults in Swaziland.