

Course Code: IDE-BAE 516 (M) December, 2015

UNIVERSITY OF SWAZILAND
INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

MAIN EXAMINATION PAPER, DECEMBER, 2015

TITLE OF PAPER : COUNSELLING AND GUIDANCE OF ADULTS III

COURSE CODE : IDE-BAE 516

TIME ALLOWED : THREE (3) HOURS

INSTRUCTIONS : 1. ANSWER FOUR(4) QUESTIONS ONLY. TWO (2)
FROM SECTION A AND TWO (3) FROM SECTION B

2. SECTION A IS COMPULSORY.

3. ANSWERS SHOULD BE WRITTEN IN THE ANSWER
BOOKLETS PROVIDED.

4. DO NOT WRITE ON THE QUESTION PAPER.

THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR

SECTION A

QUESTION 1 [34 marks]

Relationship building, the counsellor's goals and the client's goals are crucial in the counselling process.

- (a) Choose a counselling theory and create a scenario to illustrate how it could guide you in providing counselling services to an adult client/clientele of your choice.
[16 marks]
- (b) What is the use of genograms in systemic counselling?
[8 marks]
- (c) Draw a genogram of your family starting with your parents.
[8 marks]

QUESTION 2[22 marks]

- (a) What is the distinction between informal and formal counselling and guidance?
[5 marks]
- (b) Why do adults need counselling and guidance?
[5 marks]
- (c) Create a scenario to demonstrate situations which demand a counsellor /counsellors to meet/achieve the following goals: (i) Developmental/enhancement counselling goals and (ii) crisis counselling goals and (ii) crisis counselling goals.
[12 marks]

QUESTION 3 [22 marks]

- (a) Use relevant examples to examine the distinction and relationship between (i) individual counselling (ii) group counselling and (iii) small group counselling
[10 marks]
- (b) Create a scenario to demonstrate how you could use any of the three types in the counselling of adults.
[12 marks]

SECTION B

QUESTION 4 [22 marks]

Critique the use the following means used by adult clients to access counselling and guidance services: (i) face-to-face (ii) print medium/letter writing (iii) telephone (iv) other electronic media

QUESTION 5 [25 marks]

- (a) Identify four (4) qualities and four (4) of a good counsellor.
[8 marks]
- (b) Create a scenario to demonstrate the relevance of the above qualities and skills in the provision of quality counselling and guidance services to adults.
[17 marks]

QUESTION 6 [25 marks]

- (a) What is the role of theory in counselling and guidance of adults?
[7 marks]
- (b) Create a scenario to demonstrate how you would use (i) Psychoanalytical theory or Person-centred theory in the counselling and guidance of adults.
[18 marks]