

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV

MAIN EXAMINATION PAPER DECEMBER, 2016

TITLE OF PAPER : COUNSELLING AND GUIDANCE IN ADULT EDUCATION I

COURSE : IDE-BAE 415

TIME ALLOWED : THREE (3) HOURS

INSTRUCTIONS :

- 1. ANSWER FOUR (4) QUESTIONS ONLY.**
- 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
- 3. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1: [25 marks]

Instructions: Read the scenario and answer the following questions.

Scenario

Mr. and Mrs Malinga have brought their “delinquent” seventeen year-old daughter, Sarah, for your assistance. She has been missing classes, drinking heavily and frequenting night-clubs. The parents are worried that she might have started experimenting with drugs and/or sex. This fear arose from a discovery made by her mother. While going through Sarah’s handbag, she was appalled to find a condom in it. Sarah, however, maintains that the condom was for a friend. She is furious that her parents, especially her mother, are intrusive, mistrustful and domineering. She is thus reacting rebelliously because of her parents’ attitude.

- (a) Analyse the problem. [10 marks]
- (b) Using a counselling theory of your choice, explain the steps/stages you will follow in resolving the problem. [15 marks]

QUESTION 2 [25 marks]

- (a) What is the genesis of “counselling” and “guidance” services? [10 marks]
- (b) Illustrate the use of the following counselling techniques: (i) joining (ii) listening (iii) empathy (iv) the empty chair (v) externalisation. [15 marks]

QUESTION 3 [25 marks]

- (a) What is the role and function of theory in counselling and guidance? [7 marks]
- (b) Examine the contribution of the following theories to counselling and guidance:
 - (i) Psychoanalytic theory [6 marks]
 - (ii) Client-centred theory [6 marks]
 - (iii) Transactional theory [6 marks]

QUESTION 4 [25 marks]

Create a scenario to illustrate how you could use the following intervention methods with a client/s in a setting of your choice: (a) emotionality (b) rationality (c) behavioural activity and (iv) systemic activity

QUESTION 5 [25 marks]

- (a) What are the roles and functions of ethics in counselling and guidance?
[10 marks]
- (b) Critique the provision of counselling and guidance services to adults in Swaziland.
[15 marks]