

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV

MAIN EXAMINATION PAPER DECEMBER, 2016

**TITLE OF PAPER : COUNSELLING AND GUIDANCE IN ADULT
EDUCATION III**

COURSE : IDE-BAE 516

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :**
- 1. ANSWER FOUR (4) QUESTIONS ONLY.**
 - 2. ANSWERS SHOULD BE WRITTEN IN THE
ANSWER BOOKLETS PROVIDED.**
 - 3. DO NOT WRITE ON THE QUESTION
PAPER.**

**THIS PAPER SHOULD NOT TO BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR**

QUESTION 1 [25 marks]

Instruction: Read the scenario and answer the questions that follow.

Scenario

Mariana a thirty-two year old lady from Durban and Dismas a forty-year old Swazi gentleman have been married for fifteen years. They have not been blessed with children. Dismas' parents died during his teen years and left him a family trucking business. Mariana's parents are in their early sixties and running a thriving import-export business in Durban. The couple have a problem which might not be obvious to an outsider, but is pulling them apart, and they are on the verge of separation. Last year Mariana went to Cape Town on a two-week holiday without her spouse.

She did not inform her husband, but spent a week of her holiday with her parents. Dismas is adamant that this meeting was pre-meditated, planned and executed to spite him. He is convinced he cannot trust her again. There has been tension between Dismas and Mariana's parents, for a while now. Mariana, however, insists that the meeting was accidental and her spouse should not worry himself sick.

- (a) Analyse the problem between these warring individuals?
[7 marks]
- (b) Using systemic/family counselling, explain steps and techniques you could use in resolving the problem(s) identified. [18 marks]

QUESTION 2 [25 marks]

Choose **two (2)** of the following theories and illustrate their use in the provision of counselling and guidance services to adults:

- (a) Psychoanalytical theory [12.5 marks]
- (b) Behavioural counselling theory [12.5 marks]
- (c) Person-centred theory [12.5 marks]
- (d) Rational Emotive therapy [12.5 marks]
- (d) Eclectic theory [12.5 marks]

QUESTION 3 [25 marks]

- (a) Examine contexts in which the following goals of counselling could be achieved:
(i) preventive (ii) remedial/adjustive and (iii) developmental /enhancement
[12.5 marks]
- (b) Discuss the implication to service delivery, of the following types of clients who come for counselling and guidance: (i)self-referred (ii) referred by other individual(s) (iii) invited by counsellor or referred by other institutions.
[12.5 marks]

QUESTION 4 [25 marks]

- (a) Explain distinct qualities and skills needed by a counsellor in community counselling.
[10 marks]
- (b) Critique the performance of providers of counselling and guidance for adults in: (i) adherence to ethics and (ii) quality of service delivery.
[15 marks]

QUESTION 5 [25 marks]

- (a) Explain the link between psychotherapy theories and counselling and guidance?
[12.5 marks]
- (b) Using relevant examples, discuss the link among professional/institution-based, open-based counselling and situation-based counselling and guidance of adults.
[12.5 marks]