

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR III

MAIN EXAMINATION PAPER DECEMBER, 2017

- TITLE OF PAPER** : **PSYCHOLOGY OF ADULT EDUCATION I**
- COURSE** : **IDE-BAE 310**
- TIME ALLOWED** : **THREE (3) HOURS**
- INSTRUCTIONS** :
1. **ANSWER FOUR (4) QUESTIONS ONLY.**
 2. **ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 3. **DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1 [25 marks]

- (a) Use one (1) body system to explain the main factors linked to human growth, human development and human maturation. [12.5 marks]
- (b) Examine the implications of primary (intrinsic) and secondary (extrinsic) factors of human development (Hayslip and Panek, 1991) to adult learning and life (living). [12.5 marks]

QUESTION 2 [25 marks]

- (a) Critique the use of developmental and non-developmental research methods/techniques in the study of adult social development. [12.5 marks]
- (b) Using Erikson's concept of *ego development* or Havighurst's concept of *developmental tasks*, explain major elements of human social development in adulthood. [12.5 marks]

QUESTION 3 [25 marks]

- (a) Use relevant examples to examine the distinctions among: (i) personality state, (ii) personality trait (iii) personality type and (iv) personality. [10 marks]
- (b) Use one (1) of the following theories to explain the link between adult education and adult personality development: (i) 16PF theory (Cattell, 1966) (ii) the big five-factor model- OCEAN (MacCrae and Costa, 2003) (iii) Carl Rogers' (1977) theory of the self and (iv) Jung's (1923) personality theory [15 marks]

QUESTION 4 [25 marks]

- (a) Using relevant theories and examples, examine the nature, sources and effects of stress [15 marks]
- (a) Construct a scenario to illustrate how you could assist an individual to: (i) Cope with Stress and (ii) Manage stress. [10 marks]

QUESTION 5 [25 marks]

- (a) Critique the entity view and incremental view of human ability. [10 marks]
- (b) Choose an education and training programme, and design a *system of measurement* for the following types of human abilities: (i) reasoning, number facility, (ii) spatial orientation, (iii) associative memory and verbal comprehension. [15 marks]

QUESTION 6[25]

- (a) Examine the influence of the following two sets of factors on adult social development: (i) normative age-graded factors, normative history-graded factors and non-normative life events, and (ii) the ecology of development : micro, meso, exo and macro systems. [12.5 marks]
- (b) What are group dynamics? Construct a scenario to illustrate how you could create a cohesive community group through education and training. [12.5 marks]