

257

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR IV

MAIN EXAMINATION PAPER DECEMBER, 2017

TITLE OF PAPER : COUNSELLING AND GUIDANCE IN ADULT EDUCATION I

COURSE : IDE-BAE 415

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :**
- 1. ANSWER FOUR (4) QUESTIONS ONLY.**
 - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 4. DO NOT WRITE ON THE QUESTION PAPER.**

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

QUESTION 1 [25 marks]

- (a) Discuss 5 main qualities of a good counsellor and their application to a counselling and guidance context in Swaziland. [10 marks]
- (b) Examine the roles of a counsellor and counsellee/client in a context of your choice. [15 marks]

QUESTION 2 [25 marks]

- (a) Using relevant examples, trace the historical development of “counselling” and “guidance” services? [12.5 marks]
- (c) Critique the following types of counselling interventions: (i) preventive (ii) remedial/corrective (iii) developmental (iv) crisis. [12.5 marks]

QUESTION 3 [25 marks]

- (a) Outline the problems you and your peers experience in your current adult education and training programme. [10 marks]
- (b) Examine ways in which the knowledge and skills obtained from this course (BAE 415) have, or could be utilized in addressing some of the problems. [15 marks]

QUESTION 4 [25 marks]

- (a) The goal of theorists on emotionality (Rogers, 1961; Perls, 1969) are: *to make The client aware and accept the self in conflict, of her/his inner resources, and her/his negative feelings.* Discuss, with the aid of a relevant scenario. [12.5 marks]
- (b) What are the goals of Behavioural activity? Examine the focus of methods used by counsellors on Behavioural activity. [12.5 marks]

QUESTION 5 [22 marks]

- (a) Discuss five main problem areas for counselling and guidance in Swaziland. [12.5 marks]
- (b) Examine strategies that could be used in overcoming those problems [12.5 marks]

QUESTION 6 [25 marks]

- (a) Discuss the development of school-based Counselling and Guidance in the education systems of developing countries. [12.5 marks]
- b) Explain ways in which the above development has/has not influenced current practice in the counselling and guidance of adults in Swaziland.
[12.5 marks]