

UNIVERSITY OF SWAZILAND

INSTITUTE OF DISTANCE EDUCATION

BACHELOR OF EDUCATION (ADULT EDUCATION) YEAR V

MAIN EXAMINATION PAPER DECEMBER, 2017

**TITLE OF PAPER : COUNSELLING AND GUIDANCE IN ADULT
EDUCATION III**

COURSE : IDE-BAE 516

TIME ALLOWED : THREE (3) HOURS

- INSTRUCTIONS :**
- 1. ANSWER FOUR (4) QUESTIONS ONLY.**
 - 2. ANSWERS SHOULD BE WRITTEN IN THE ANSWER BOOKLETS PROVIDED.**
 - 3. DO NOT WRITE ON THE QUESTION PAPER.**

**THIS PAPER SHOULD NOT TO BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR**

QUESTION 1

- (a) What is the role of theory in counselling and guidance of adults?
[10 marks]
- (b) Write explanatory notes on the following terms and concepts, stating their relationship to counselling and guidance of adults: (i) self-esteem (ii) empathy (iii) ethics (iv) defence mechanisms (v) genogram.
[15 marks]

QUESTION 2 [25 marks]

Instructions: Read the following scenario and answer the questions below.

SCENARIO

Samuel Gcina is a great Mbabane High Landers soccer fan and a social person. He usually enjoys drinks with friends and club members, especially on Saturday and Sunday nights after a soccer match. On Mondays, he usually has a habit of not reporting for work pretending that he is not feeling well. His wife, Lungile, is always given the task of phoning his employer informing him of her husband's 'poor' state of health. This has been Samuel Gcina's mode of behaviour for the past five months. His conduct has affected his employer's business. His employer has become suspicious and is on the verge of taking stern measures.

- (a) Identify: (i) problem behaviours, (ii) their sources and (iii) consequences.
[9 marks]
- (b) Choose a counselling approach and outline steps you would follow in resolving the problem(s)
[12 marks]
- (c) Justify why the approach you have chosen is suitable.
[4 marks]

QUESTION 3 [25 marks]

- (a) What are the main assumptions of community counselling?
[5 marks]
- (b) Create a scenario to illustrate how you could provide two (2) of the following counselling services: (i) direct community service (ii) indirect community services (iii) direct client services and (iv) indirect client services.
[20 marks]

QUESTION 4 [25 marks]

Choose **two (2)** of the following theories and illustrate their use in the provision of counselling and guidance services to adults:

- (a) Behavioural counselling theory [12.5 marks] (b) Person-centred theory [12.5 marks]
(c) Rational Emotive therapy [12.5 marks]

QUESTION 5 [25 marks]

- (a) Examine contexts in which the following goals of counselling could be achieved:
(i) preventive (ii) remedial/adjustive and (iii) developmental /enhancement
[12.5 marks]
- (b) Discuss the implications to service delivery, of the following types of clients who come for counselling and guidance: (i)self-referred (ii) referred by other individual(s) (iii) invited by counsellor or referred by other institutions.
[12.5 marks]