

**Course Code: AED 301 2019**

**UNIVERSITY OF ESWATINI**

**FACULTY OF EDUCATION**

**PART-TIME DIPLOMA IN ADULT EDUCATION YEAR 1**

**MAIN EXAMINATION PAPER DECEMBER 2019**

**TITLE OF PAPER : GUIDANCE AND COUNSELING**  
**COURSE : AED 301**  
**TIME ALLOWED : THREE (3) HOURS**  
**INSTRUCTIONS : ANSWER ONLY FOUR QUESTIONS**

**THIS PAPER SHOULD BE OPENED ON THE INSTRUCTION OF THE INVIGILATOR**

QUESTION 1 [25 MARKS]

- a) Use The Modifying Rules and Assumptions Worksheet to counsel a female adult learner who is troubled by the following stereotype: "A woman's place is in the kitchen" [25 marks]

QUESTION 2 [25 marks]

- a) Compare and contrast guidance and counseling from traditional and modern perspectives within the context of Eswatini [25 marks]

QUESTION 3 [25 marks]

- a) Globalization and the knowledge society are among humankind's greatest challenges of the moment. Discuss [10 marks]
- b) How do globalization and the knowledge society constitute opportunities which favor the development of adult guidance and counseling services? [15 marks]

QUESTION 4 [25 marks]

- a) Use the client-centered counseling approach to counsel a client with issues of low self-esteem [25 marks]

QUESTION 5 [25 marks]

- a) Put the following thoughts on trial:
- I am too old to pursue an adult education programme [5 marks]
  - Females who engage in adult education have a permissive parenting style [5 marks]
  - Adult education leads to self-directed learning [5 marks]
  - Younger adult learners will always outscore the older ones [5 marks]
  - Adult education is a purely western concept [5 marks]

QUESTION 6 [25 marks]

- a) Use Holland's Theory to guide an adult learner into making the right vocational choice [25 marks]