

Course Code: AED 631 2019

**INSTITUTE OF POST-GRADUATE STUDIES
MASTER OF EDUCATION IN ADULT EDUCATION
MAIN EXAMINATION PAPER, DECEMBER 2019**

TITLE OF PAPER : GUIDANCE AND COUNSELING
COURSE : AED 631
TIME ALLOWED : THREE (3) HOURS
INSTRUCTIONS : ANSWER ONLY FOUR QUESTIONS

THIS PAPER SHOULD BE OPENED ON THE INSTRUCTION OF THE INVIGILATOR

QUESTION 1 [25 MARKS]

- a) Critically compare and contrast guidance and counseling [10 marks]
- b) Critically analyze the nature and functions of counseling from a traditional African perspective [15 marks]

QUESTION 2 [25 marks]

- a) Globalization has come to impact adult education in unprecedented ways. Discuss [10 marks]
- b) An adult learner comes to you for educational guidance relating to study skills. Choose any 5 study skills and demonstrate how you will help the learner [15 marks]

QUESTION 3 [25 marks]

- a) Write an application letter to the Manager Manzini Cooperative Limited, for the post of Company Secretary [10 marks]
- b) Write a combination resume for the post of Assistant Director General, World Health Organization [15 marks]

QUESTION 4 [25 marks]

- a) Use Super's Self-Image Theory to guide an adult learner who needs advice in vocational development [10 marks]
- b) An adult learner is depressed by a crippling negative self-esteem complex. Use psychodynamic therapy to help the client cope with his/her psychological state [15 marks]

QUESTION 5 [25 marks]

- a) Cognitive distortions are the source of clients' issues which Cognitive Behavior Therapy seeks to address. Discuss [10 marks]
- b) What advice would you give a beginning Group Leader in group counseling [15 marks]

QUESTION 6 [25 marks]

- a) Compare and contrast Psychoeducational and Group Therapy in group counseling [10 marks]
- b) Briefly discuss fourteen (14) vital group counseling skills [15 marks]