

Course Code: AED 301

UNIVERSITY OF ESWATINI

FACULTY OF EDUCATION

PART-TIME DIPLOMA IN ADULT EDUCATION YEAR 1

MAIN EXAMINATION PAPER, 21 APRIL 2021

TITLE OF PAPER : GUIDANCE AND COUNSELING
COURSE : AED 301
TIME ALLOWED : THREE (3) HOURS
INSTRUCTIONS : ANSWER QUESTION 1 AND TWO OTHERS

THIS PAPER SHOULD BE OPENED ON THE INSTRUCTION OF THE INVIGILATOR

QUESTION ONE [40 Marks]

- a) Counselling has four core characteristics. Discuss [10 Marks]
- b) Briefly explain five (5) counseling goals [5 Marks]
- c) Attending skills are important in counseling. Discuss (5 Marks)
- d) Counseling has do's and don'ts. Discuss (13 Marks)
- e) Discuss seven ethical principles in counseling (7 Marks)

QUESTION TWO (30 Marks)

- a) Discuss ten (10) reasons why active listening is important in counseling (30 marks)

QUESTION THREE (30 Marks)

- a) Discuss ten (10) principles of guidance (10 Marks)
- b) Compare and contrast guidance and counseling (20 marks)

QUESTION FOUR (30 Marks)

- a) Discuss ten (10) assumptions of the Client-Centered approach to Counseling (10 Marks)
- b) Use the Client-Centered Counseling approach to assist a client with issues of negative self-concept (15 Marks)