

Course Code: AED 631 2019

**INSTITUTE OF POST-GRADUATE STUDIES
MASTER OF EDUCATION IN ADULT EDUCATION
MAIN EXAMINATION PAPER, 30 APRIL 2021**

TITLE OF PAPER : GUIDANCE AND COUNSELING
COURSE : AED 631
TIME ALLOWED : THREE (3) HOURS
INSTRUCTIONS : ANSWER THREE QUESTIONS – QUESTION 1 AND TWO OTHERS

THIS PAPER SHOULD BE OPENED ON THE INSTRUCTION OF THE INVIGILATOR

QUESTION 1 [40 marks]

- a) Discuss seven (7) reasons for justifying educational guidance [15 marks]
- b) The scope of guidance is influenced by six (6) factors. Discuss those factors [25 marks]

QUESTION 2 [30 marks]

- a) How can you use the three (3) stages of Ginzberg, Axel, and Therma's Theory to offer vocational guidance to a client [30 marks]

QUESTION 3 [30 marks]

- a) Apply five (5) stages of Cognitive Behaviour Therapy to counsel a client with a negative self-concept issue [30 marks]

QUESTION 4 [30 marks]

- a) Compare and contrast Self-Help and Counselling Groups [30 marks]