

FACULTY OF EDUCATION

**DEPARTMENT OF EDUCATIONAL FOUNDATIONS &
MANAGEMENT**

FINAL EXAMINATION PAPER 2007

TITLE OF PAPER : INTRODUCTION TO GUIDANCE AND
COUNSELLING IN EDUCATION

COURSE TITLE : EDF 450

TIME ALLOWED : THREE (3) HOURS

INSTRUCTIONS : ANSWER ANY FOUR QUESTIONS.
EACH QUESTION IS WORTH 25 MARKS

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION
HAS BEEN GRANTED BY THE INVIGILATOR.**

QUESTION 1

Guidance and counselling in Swaziland schools is administered through the Ministry of Education. Briefly discuss the school guidance programme currently in place in the country's secondary/high schools. Do you think that the guidance programme used in schools is adequate for the needs of the Swazi school going children? Explain.

[25]

QUESTION 2

How can the kind of job categorization system advanced by Holland be used in helping children make up their minds about their future careers?

[25]

QUESTION 3

(i) What is the difference between individual counselling and group counselling? (10)

(ii) Give examples of counselling situations in which you can use each of these counselling types. (15)

[25]

QUESTION 4

A. According to Ferron (1990) adolescents have 8 basic needs that they want to satisfy. Briefly explain five (5) of these needs. (10)

B. Family Life education has been identified as being an important aspect of the school curriculum. Identify some of the needs of Swaziland adolescents that this programme could address. (15)

[25]

QUESTION 5

The establishment of a counselling relationship is largely determined by the following:

- (i) Confidentiality
- (ii) Unconditional positive regard
- (iii) Empathic understanding

A. Define these terms in the counselling context. (6)

B. Explain how these affect the counselling relationship between a client and a counsellor. (14)

QUESTION 6

The Life skills education programme done in the schools in Swaziland is aimed at promoting individual wellness. What do you think are the major factors that impact on individual wellness and how they can be addressed through the life skills education programme.