

**UNIVERSITY OF SWAZILAND  
FACULTY OF EDUCATION  
DEPARTMENT OF PRIMARY EDUCATION  
END OF THE YEAR EXAMINATION  
MAY 2008**

**TITLE : HEALTH EDUCATION**

**COURSE CODE: CPE 101**

**TIME ALLOWED: TWO (2) HOURS**

**INSTRUCTIONS:**

- 1. Answer any two (2) questions**
- 2. This paper consists of two pages, cover page included**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN  
GRANTED BY THE INVIGILATOR**

## **End of the year Exam**

### **Health Education**

**Attempt any 2 questions. All questions carry equal marks.**

1. Explain how each of the five components of health contributes to providing a picture of overall health. 25marks
  
2. Describe the roles and functions of the six classes of dietary nutrients.
  - b. Identify and explain the problems that can occur from inadequate and excessive amounts of these nutrients. 25marks.
  
- 3a. Discuss the three main functions of a healthy family. 10 marks
- b. Explain how families have changed in recent years in Swaziland and the causes of the changes. 10 marks
- c. Highlight the effects of the changes on the growth and development of the school children. 5 marks