

**THE UNIVERSITY OF SWAZILAND
FACULTY OF EDUCATION
PRIMARY EDUCATION
CERTIFICATE IN PHYSICAL EDUCATION**

**CPE 103
SKILL PROGRESSION USING MODIFIED GAMES
AND SPORTS**

3 hrs

**FINAL EXAMINATION PAPER
APRIL/MAY 2008**

INSTRUCTIONS

- 1. Answer FOUR questions altogether*
- 2. Answer ONE question from each of the sections.*
- 3. Answer all questions in the special booklet provided which you must submit to the examination supervisor when finished.*
- 4. Use separate booklet for each section*

SECTION ONE - SWIMMING

Choose One questions

Q1. Describe in details any of the four different strokes? In your answer consider (20 marks)

- a) head position
- b) arm movements
- c) leg movements
- d) breathing and
- e) body position

OR

Q2. Discuss the difference between the alternative strokes and the even strokes? (20 marks))

SECTION TWO – TENNIS

Answer ONE questions

Q1. Draw and label a full Tennis Court. In your drawing include the dimensions of all the lines as per in the practical lesson? (20 marks)

OR

Q2 (a). Write the word **TRUE** for true statements or **FALSE** for false statements (1 point each)

T F a). As a general rule most tennis players do not warm up properly

T F b) A score of deuce indicates that both players have won at least three points each and both have the same score.

T F c). As a server I have won two points to my opponent's three. The score in this case is 40-30

T F d) The volley is a defensive weapon

T F e) Player A is slightly outside the court when hit by player B's overhead smash. Since the ball did not touch the ground before hitting player A, the point should be awarded to player B.

T F f) If there is one point in a game that is important than others, it is probably the fourth point when the score is 30-15 or 15-30.

T F g) A shot is good if it is returned outside the net post and lands in the proper court.

T F h) It is illegal to serve underhand in tennis.

T F i) Under no circumstance may you reach over the net to strike a ball coming to you.

T F j). You have reached your third point and your opponent has not scored, the umpire calls "advantage server"

Q2 (b) Describe a good forehand drive in tennis from preparatory position to hitting and follow through position (10 marks)

SECTION THREE - VOLLEYBALL

Choose One question.

Q1. Describe any five logical steps that you would follow to introduce volleyball to a class of primary school pupils (20 marks)

Q2. Briefly describe the following skills; including their uses in volleyball? (5 marks each)

- a) Spike
- b) Under arm serve
- c) Block setting
- d) Setting

SECTION FOUR - NETBALL

Instructions: Answer any ONE questions

Q1 (a). Briefly explain any two roles of a Junior Team Netball coach/teacher? (2 marks each)

Q1 (b). Briefly outline each of the following rules to a novice netball student (4 points each)

- a) Short pass
- b) Out of court
- c) Obstruction
- d) Held ball

