

**THE UNIVERSITY OF SWAZILAND  
FACULTY OF EDUCATION  
PRIMARY EDUCATION  
CERTIFICATE IN PHYSICAL EDUCATION**

**CPE 103  
SKILL PROGRESSION USING MODIFIED GAMES  
AND SPORTS**

**3 hrs**

**FINAL EXAMINATION PAPER  
MAY 2009**

**INSTRUCTIONS**

- 1. Answer FOUR questions altogether*
- 2. Answer ONE question from each of the sections.*
- 3. Answer all questions in the special booklet provided which you must submit to the examination supervisor when finished.*
- 4. Use separate booklet for each section*

## **SECTION ONE - VOLLEYBALL**

**Answer ONE question**

**Q1. A) Describe the following basic skills in volleyball:**

- i) Under arm service [3]
- ii) Dig pass [3]
- iii) Spike [4]

**B) How would you introduce volleyball to a class of primary school pupils? [15]**

**OR**

**Q2. A) Draw a standard volleyball court and label it fully [15]**

**B) Explain how you would teach ONE of the following skills in volleyball:**

- i) Underarm serve
- ii) Overhead serve
- iv) Block

**[10]**

## **SECTION TWO – TENNIS**

**Answer ONE questions**

**Q1. Design and label a full Tennis Court. In your drawing include the dimensions of all the lines as per in the practical lesson? [25]**

**OR**

**Q2**

**a) Explain to a potential tennis player the scoring process in tennis [5]**

- b) Describe a good forehand drive in tennis from preparatory position to hitting and follow through position [10]
- c) Explain the officiating process including line calls, faults, service and positions [10]

### **SECTION THREE - OFFICIATING OF TRACK AND FIELD**

**Choose One question.**

Q1. State and explain each an every aspect of a quality Track and Field official. There are at least 10 of these qualities [25 points]

**OR**

Q2. With the help of illustrations, explain the judging at;

- a) javelin throw position? [13]
- b) Shot putt throw position? [12]

### **SECTION FOUR - NETBALL**

**Instructions: Answer any ONE questions**

Q1. Explain the following rules and when applicable in Netball:

- a) Contact [5]
- b) Footwork (Stepping) [5]
- c) Duration of the game [5]
- d) Offside [5]
- e) Out of Court [5]

**OR**

