

**UNIVERSITY OF SWAZILAND
FACULTY OF EDUCATION
DEPARTMENT OF ADUL EDUCATION**

FINAL EXAMINATION MAY 2009

TITLE : SPORTS SAFETY

COURSE CODE : CPE 104

TIME ALLOWED : TWO (2) HOURS

INSTRUCTIONS:

Answer any 3 questions.

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR**

SPORTS SAFETY

1. You have been appointed as the safety coordinator for your primary school. (a) Discuss your roles and responsibilities (15 marks).

(b) Discuss any three challenges that you might face in performing these roles and how you would overcome them (10marks).

2. Discuss any ten precautions that you would ~~take~~ as a Physical Education teacher to prevent accidents in your class (25 marks).

3. Describe; including their causes the following injuries ~~and~~ their emergency procedures:

- (a) Contusions
- (b) Abrasions
- (c) Punctures
- (d) Cuts
- (e) Dislocations and Subluxations (5marks each)

4. You were the first to see someone near you collapse and unconscious. Describe the emergency care that you will give the patient, step by step. There are about 10 points to discuss (25 marks).