

FACULTY OF EDUCATION



**DEPARTMENT OF EDUCATIONAL FOUNDATIONS &
MANAGEMENT**

FINAL EXAMINATION PAPER 2008/2009

TITLE OF PAPER : **INTRODUCTION TO GUIDANCE AND
COUNSELLING IN EDUCATION**

COURSE TITLE : **EDF 450**

TIME ALLOWED : **THREE (3) HOURS**

TOTAL MARK ALLOCATION: **100 MARKS**

INSTRUCTIONS : **ANSWER ANY FOUR QUESTIONS.
EACH QUESTION IS WORTH 25 MARKS.**

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION
HAS BEEN GRANTED BY THE INVIGILATOR.**

QUESTION 1

Guidance and counselling in Swaziland schools is administered through the Ministry of Education. Briefly discuss the school guidance programme currently in place in the country's secondary/high schools. Do you think that the guidance programme used in schools is adequate for the needs of the Swazi school going children? Explain.

[25]

QUESTION 2

How can the kind of job categorization system advanced by Holland be used in helping children make up their minds about their future careers?

[25]

QUESTION 3

Discuss how five techniques of the behaviour therapies/ theories can be used to intervene in the HIV and AIDS pandemic in Swaziland.

[25]

QUESTION 4

What is the difference between individual counselling and group counselling? Give examples of counselling situations in which you can use each of these counselling types.

[25]

QUESTION 5

You are the new guidance teacher at your school and realize that there is a need for Life skills Education to be introduced. Describe how you would go about introducing and administering the programme.

[25]

QUESTION 6

A. Describe eight types of psychological disorders that can be found in the schools in Swaziland.

[16]

B. Discuss three approaches that you can use as intervention for some of these disorders.

[6]