

UNIVERSITY OF SWAZILAND



FACULTY OF EDUCATION

**DEPARTMENT OF EDUCATIONAL FOUNDATIONS &
MANAGEMENT**

SUPPLEMENTARY EXAMINATION PAPER 2008/2009

- TITLE OF PAPER** : GUIDANCE AND COUNSELLING
IN EDUCATION
- COURSE TITLE** : EDF 450
- TIME ALLOWED** : THREE (3) HOURS
- INSTRUCTIONS** : THERE ARE SIX QUESTIONS IN THIS PAPER.
ANSWER QUESTION ONE AND ANY OTHER
THREE QUESTIONS.

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION
HAS BEEN GRANTED BY THE INVIGILATOR.**

QUESTION 1 - COMPULSORY

- A. (i) Define guidance and counselling. (5)
(ii) Using appropriate examples, explain the principles of school guidance. (10)
(iii) To what extent do you perceive the principles in (ii) above relevant to the schools in Swaziland. (10)
- B. Given that in Swaziland, Guidance Teachers are also subject teachers, how does this impact on the effectiveness of these teachers in terms of providing the guidance services to the students? (15)

QUESTION 2

- A. Describe the different services that should be offered in a school that is using a comprehensive School Guidance Programme. (10)
- B. How would you describe the services offered by the school guidance programme in Swaziland when compared to those referred to in A above? (10)

QUESTION 3

- A. According to Ferron (1990) adolescents have 8 basic needs that they want to satisfy. Briefly explain five (5) of these needs. (10)
- B. Family Life education has been identified as being an important aspect of the school curriculum. Identify some of the needs of Swaziland adolescents that this programme could address. (10)

QUESTION 4

The establishment of a counselling relationship is largely determined by the following:

- (i) Confidentiality

- (ii) Unconditional positive regard
- (iii) Empathic understanding

- A. Define these terms in the counselling context. (6)
- B. Explain how these affect the counselling relationship between a client and a counsellor. (14)

QUESTION 5

Using Holland's theory of occupational choice as the theoretical framework for your answer, discuss ways in which socialization of boys and girls may influence their career choices. (20)

QUESTION 6

Describe the various psychological and behavioural disorders one is likely to encounter in the schools in Swaziland. How would you intervene in the situation in order to optimize their learning? Discuss three ways in which you can intervene.

(20)