

**UNIVERSITY OF SWAZILAND
FACULTY OF EDUCATION
PRIMARY EDUCATION
CERTIFICATE IN PHYSICAL EDUCATION**

**CPE 104
SPORTS SAFETY**

2HRS

**END OF SEMESTER 2 EXAMINATION
MAY 2010**

INSTRUCTIONS

Answer any 3 questions

SPORTS SAFETY

1. Identify and discuss any 8 safety aspects to be considered in preventing accidents in Physical Activity lessons (25 marks).

- 2a. Identify and describe any 5 examples of acute injuries that are common in physical activity lessons (15 marks).

- b. describe 5 sources of injury in a physical activity lesson (10 marks)

3. You were in a playing field and one of your athletes suddenly fell down and became unconscious. What is the emergency care that you would give to this athlete? There are about 10 points to highlight (25marks).

4. (a) Identify and describe the various types of fractures (15 marks).
(b) Discuss the first aid procedures for any one type of fracture that you have identified in question 1(a) (10 marks).