

UNIVERSITY OF SWAZILAND
FACULTY OF EDUCATION
DEPARTMENT OF PRIMARY EDUCATION
CERTIFICATE IN PHYSICAL EDUCATION

FINAL EXAMINATION PAPER MAY, 2010

TITLE OF PAPER: Physical Education for Children with Special Needs

COURSE CODE: CPE 108

TIME ALLOWED: Two (2) Hours

INSTRUCTIONS: Answer any four questions

THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR

Instructions : Answer any four questions

Question 1

- i. Discuss with examples, *adapted/developmental* physical education programme (10)
- ii. Explain what the programme aspires to achieve (5)
- iii. Outline who are the affected and how they benefit from the programme (10)

[25 Marks]

Question 2

Special education is a direct service that includes physical education. List and discuss 5 unique needs of recipients of the service (10);

Discuss five considerations that must be taken when the affected are in the following venues (15):

1. Gymnasium
2. Swimming pool
3. Classroom
4. Home
5. Hospital
6. School

[25 Marks]

Question 3

In a *least restrictive environment* (LRE), individuals with disabilities are placed in a class or setting that is similar to a normal class as possible. Discuss the following (with examples) in relation to a least restrictive environment in PE.

1. Curriculum
2. Equipment/Material
3. programme participation
4. Management of behaviour
5. Teaching style

[25 Marks]

Question 4

When dealing with the blind and visually impaired in an adapted PE programme, the teacher should take steps in ensuring the safety of the students. Discuss while giving examples and illustrations on the following as they relate to safety:

- i. Verbal cues
- ii. Lighting conditions
- iii. Unfamiliar surroundings
- iv. Location obstacles
- v. Bright sunlight/dark days

[25 Marks]

Question 5

- i. Explain with examples and illustrations, the meaning of *modified physical education* (10)
- ii. Describe in detail the types of students who may benefit from modified PE (10)
- iii. Indicate what might happen to the goals and objectives of regular PE programme (5)

[25 Marks]

Question 6

- i. Give a definition of *special education* followed by an explanation (5)
- ii. Discuss the *purpose* of special education (10)
- iii. Explain the Individualised Education Plan (IEP) and how it relates to special education (10)

[25 Marks]

Question 7

Given the following disabilities, briefly describe any five (5) and show how you can accommodate them in a PE programme.

1. Autism
2. Deaf
3. Blindness
4. Development delays
5. Hearing impairments
6. mental retardation
7. Multiple disabilities
8. Visual impairments

[25 marks]