

# UNIVERSITY OF SWAZILAND



DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND  
MANAGEMENT

FINAL EXAMINATION PAPER May 2011

**TITLE OF PAPER : INTRODUCTION TO GUIDANCE AND  
COUNSELLING IN EDUCATION**

**COURSE CODE : EDF 450**

**TIME ALLOWED : THREE [3] HOURS**

### INSTRUCTIONS:

1. The question paper has five questions, and you are expected to answer four questions.
2. Each question is worth 25 Marks.

**TOTAL MARKS : 100**

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN  
GIVEN BY THE INVIGILATOR.**

## **INSTRUCTIONS**

**ANSWER FOUR QUESTIONS IN THIS PAPER.**

**EACH QUESTION IS WORTH 25 MARKS.**

1. Describe the goals of school guidance, and for each goal give two examples to show your understanding.

[25 marks]

2. The counselling process depends on the counsellor attitudes and skills to be effective. Explain how each of the following skills are important in counselling:-

- Attending
- Active listening
- Questioning
- Summarizing
- Silence

[25 marks]

3. John Holland believes that career choice and environment is an expression of the individual's personality. Describe the preferred occupational environments of the six personalities in Holland's career theory and three examples of occupations under each category.

[25 marks]

4. Discuss with the use of examples the major roles of a Guidance Teacher.

[25 marks]

5. HIV & AIDS counselling uses the four stage counselling model in order to help an HIV+ client effect life enhancing changes in his/her life after infection. Briefly describe the stages of this counselling model.

[25 marks]