

FACULTY OF EDUCATION



**DEPARTMENT OF EDUCATIONAL FOUNDATIONS &
MANAGEMENT**

FINAL EXAMINATION PAPER 2012

**TITLE OF PAPER : INTRODUCTION TO GUIDANCE AND
COUNSELLING IN EDUCATION**

COURSE TITLE : EDF 450

TIME ALLOWED : THREE (3) HOURS

TOTAL MARK ALLOCATION: 100 MARKS

INSTRUCTIONS

Answer Question 1 and three other questions of your choice among the rest of the questions provided in this paper.

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS
BEEN GRANTED BY THE INVIGILATOR.**

ANSWER QUESTION 1, AND ANY THREE OTHER QUESTIONS.

QUESTION 1 (Compulsory question)

- A. What is the difference between guidance and counseling? (5)
- B. The effectiveness of the helping relationship in counseling depends on the counsellor's attitude and skills. Identify and describe five attitude and skills essential for counseling. (20)

QUESTION 2

Describe the scope of the school guidance programme and state the importance of this scope to the school-going population in Swaziland. (25)

QUESTION 3

Highlight the common problems facing adolescents in Swaziland, and discuss the advantages of using group guidance and counseling when dealing with these problems. (25)

QUESTION 4

According to Super's Developmental Theory, how does the self-concept play a very important role in an individual's career development? (25)

QUESTION 5

- A. Describe the different services that should be offered in a school that is using the Guidance and Counselling programme. (15)
- B. How would you describe the services offered by the school guidance programme in Swaziland when compared to those referred in A above? (10)