

UNIVERSITY OF SWAZILAND

FACULTY OF EDUCATION

DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND MANAGEMENT

FINAL EXAMINATIONS PAPER MAY 2013

TITLE OF PAPER: FUNDAMENTALS OF COUNSELLING

COURSE NUMBER: EDF 633

TIME ALLOWED: THREE (3) HOURS

**INSTRUCTIONS: THERE ARE TWO SECTIONS IN THIS PAPER –
SECTIONS A AND B.**

**SECTION A IS COMPULSORY. CHOOSE TWO
QUESTIONS FROM SECTION B**

TOTAL MARK ALLOCATION: 100

Do not open until told to do so by the chief invigilator

SECTION A: COMPULSORY

As a counsellor at your school the management suggests that you group counselling to address the numerous psycho-social problems faced by students, how would you go about setting up the group? (40 Marks)

SECTION B

Answer any two (2) questions from this section.

Question 1 (30 marks)

Discuss key concepts/features, the theorist's views about human nature, intervention techniques and/or strategies, multicultural issues, appropriateness and its limitations of one of the counselling theories of your choice. Explain how this theory is related to your own way of perspective in counselling.

Question 2 (30 marks)

Explain ways in which your personal self-awareness may contribute to your effectiveness as a counsellor.

Question 3 (30 marks)

How is appraisal important in the counseling process?

Question 4 (30 marks)

Discuss the following ethical and legal issues in counselling:

1. Protecting clients' confidences
2. Liability issues in counselling
3. Dual and multiple relationships in counselling
4. Client rights and counsellor's obligations
5. Record keeping and management