

FACULTY OF EDUCATION



DEPARTMENT OF EDUCATIONAL FOUNDATIONS & MANAGEMENT

FINAL EXAMINATION PAPER December 2013

**TITLE OF PAPER : INTRODUCTION TO GUIDANCE AND
COUNSELLING IN EDUCATION**

COURSE TITLE : EDF 450

TIME ALLOWED : THREE (3) HOURS

TOTAL MARK ALLOCATION: 100 MARKS

**INSTRUCTIONS : ANSWER QUESTION 1 AND TWO OTHER QUESTIONS IN THIS
QUESTION PAPER .**

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY
THE INVIGILATOR.**

Instructions:

Answer Question 1 and three other questions in this paper. So, make sure you have answered a total of FOUR questions in this examination paper.

QUESTION 1 - COMPULSORY

Explain the following terms as used in Guidance and Counselling

- | | | |
|-----|-------------------------------|-----------|
| (a) | Counselling | [5 marks] |
| (b) | Unconditional positive regard | [5 marks] |
| (d) | Confidentiality | [5 marks] |
| (e) | Guidance | [5 marks] |
| (f) | Empathetic understanding | [5 marks] |

QUESTION 2

What can you say is the rationale of having the Guidance and Counselling Programme included in the school curriculum?

[25 marks]

QUESTION 3

A. What is the difference between individual counselling and group counselling?
(10 marks)

B. Discuss the advantages and disadvantages of using the two types of providing counselling.

(15 marks)

Question 4

Describe the different services that should be offered through the Guidance and Counselling Programme, and state how each is important for the this programme that is offered in educational institutions.

(25 marks)

Question 5

Discuss how teachers can use the Life Skills Education to promote learners' total wellness.

(25 marks)