

UNIVERSITY OF SWAZILAND



FACULTY OF EDUCATION

MAIN EXAMINATION PAPER December 2014

TITLE OF PAPER : INTRODUCTION TO GUIDANCE AND
COUNSELLING IN EDUCATION

COURSE TITLE : EDF 450

TIME ALLOWED : THREE (3) HOURS

TOTAL MARK ALLOCATION: 100 MARKS

INSTRUCTIONS : ANSWER ANY FOUR QUESTIONS.
EACH QUESTION IS WORTH 25 MARKS.

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION
HAS BEEN GRANTED BY THE INVIGILATOR.**

Instructions

**Answer Question 1 and three other questions in this examination paper.
Each question is worth 25 marks.**

QUESTION 1

The effectiveness of the helping relationship in counselling depends on the counsellor's attitude and skills.

A. Describe the counsellor's attitude and skills that are essential for counselling.

(10)

B. Explain how these affect the counselling relationship between a client and a counsellor.

(15)

QUESTION 2

How can the kind of job categorization system advanced by Holland be used in helping children make up their minds about their future careers?

[25]

QUESTION 3

Describe five techniques associated with the Behaviour Theory of counselling that can be used to intervene in the HIV and AIDS pandemic in Swaziland.

[25]

QUESTION 4

Using Super's Developmental Theory, explain how the self-concept plays a very important role in an individual's career development.

[25]

QUESTION 5

Write about the scope of the guidance component in the Guidance and Counselling Programme.

[25]