#### FACULTY OF EDUCATION



#### DEPARTMENT OF EDUCATIONAL FOUNDATIONS & MANAGEMENT

FINAL EXAMINATION PAPER December 2016

TITLE OF PAPER : GUIDANCE AND COUNSELLING IN EDUCATION

COURSE TITLE : EDF 450

TIME ALLOWED : THREE (3) HOURS

TOTAL MARK ALLOCATION: 100 MARKS

INSTRUCTIONS : ANSWER QUESTION 1 AND TWO OTHER QUESTIONS IN THIS QUESTION PAPER.

THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

#### Instructions:

Answer <u>Question 1</u> and three other questions in this paper. So, make sure you have answered a total of FOUR questions in this examination paper.

## **QUESTION 1** - COMPULSORY

Explain the following terms as used in Guidance and Counselling

(a)	Counselling	[5 marks]
(b)	Unconditional positive regard	[5 marks]
(d)	Confidentiality	[5 marks]
(e)	Guidance	[5 marks]
(f)	Empathetic understanding	[5 marks]

### **QUESTION 2**

What can you say is the rationale of having the Guidance and Counselling Programme included in the school curriculum?

[25 marks]

### **QUESTION 3**

A. What is the difference between individual counselling and group counselling?

(10 marks)

B. Discuss the advantages and disadvantages of using the two types of providing counselling.

(15 marks)

#### Question 4

Describe the different components of the DECIDE Model of the Decision Making Process that is used to train learners to develop effective decision making skills under the Life Skills Education.

(25 marks)

# Question 5

Imagine you are a Guidance Teacher preparing to offer 'Educational Guidance' to your students, discuss the <u>five components of Educational Guidance</u> you will cover and the reasons why they are important for the learner.

(25 marks)