

**FACULTY OF EDUCATION**



**DEPARTMENT OF EDUCATIONAL FOUNDATIONS &  
MANAGEMENT**

**SUPPLEMENTARY EXAMINATION PAPER JUNE 2018**

**TITLE OF PAPER** : INTRODUCTION TO GUIDANCE AND  
COUNSELLING IN EDUCATION

**COURSE TITLE** : EDF 450

**TIME ALLOWED** : THREE (3) HOURS

**TOTAL MARK ALLOCATION:** 100 MARKS

**INSTRUCTIONS** : ANSWER ANY FOUR QUESTIONS.  
EACH QUESTION IS WORTH 25 MARKS.

**THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION  
HAS BEEN GRANTED BY THE INVIGILATOR.**

### **QUESTION 1**

Guidance and counselling in Swaziland schools is administered through the Ministry of Education. Briefly discuss the school guidance programme currently in place in the country's secondary/high schools. Do you think that the guidance programme used in schools is adequate for the needs of the Swazi school going children? Explain.

[25]

### **QUESTION 2**

Discuss with examples the four goals of the guidance programme, and state briefly why they are important for the programme.

(25 marks)

### **QUESTION 3**

- A. (i) Define guidance and counselling. (5)
- (ii) Using appropriate examples, explain the principles of school guidance. (10)
- (iii) To what extent do you perceive the principles in (ii) above relevant to the schools in Swaziland. (10)

### **QUESTION 4**

What is the difference between individual counselling and group counselling? Give examples of counselling situations in which you can use each of these counselling types.

[25]

### **QUESTION 5**

You are the new guidance teacher at your school and realize that there is a need for Life skills Education to be introduced. Describe how you would go about introducing and administering the programme.

[25]

### **QUESTION 6**

The establishment of a counselling relationship is largely determined by the following:

A. Define the following terms as used in the context:

(i) Confidentiality

(ii) Unconditional positive regard

(iii) Empathic understanding

(9)

B. Explain how these affect the counselling relationship between a client and a counsellor. (16)