



DEPARTMENT OF EDUCATIONAL FOUNDATIONS AND MANAGEMENT

MAIN EXAMINATION PAPER- APRIL, 2021

TITLE OF PAPER: MULTICULTURAL ISSUES IN GUIDANCE AND COUNSELLING

COURSE CODE: EFM 631

TIME ALLOWED: THREE (3) HOURS

TOTAL MARKS: 100

INSTRUCTIONS: ANSWER QUESTIONS 1 and 2 AND ANY OTHER 1 QUESTION OF YOUR CHOICE

DO NOT OPEN THIS QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO BY THE CHIEF INVIGILATOR

QUESTION 1

- A) Justify the relevance of your course, "Multicultural Issues in guidance and counselling" in Eswatini **(20 Marks)**.
- B) Discuss multicultural issues related to problem of cultural tunnel vision **(20 Marks)**.

QUESTION 2

Read the case of Melvin then answer the given questions

Melvin a 23 year old-Army veteran was injured in an explosion while deployed to Afghanistan. Three of his members died on the spot due to the explosion while several other were seriously injured. Melvin sustained a crushing injury that required an emergency above the knee amputation. He spent about 3 months at an Army hospital in a post-acute rehabilitation unit after major surgery and has been assigned to a Wounded Warrior Battalion at his home garrison. You meet Melvin for the first time. Melvin's treatment plan includes individual counselling once a week with a primary emphasis on psychosocial adjustment needs of his newly acquired traumatic amputation. Melvin will continue in outpatient physical therapy with the goals of ambulation, balance, and strength conditioning using his new prosthetic leg. During your second session as Melvin's counsellor, you notice how emotionally detached he is. He talks very low volume, rarely makes eye contact, and appears highly anxious, nervous, and hyper vigilant at times. In addition, Melvin seems reluctant to disclose anything about his combat experience and his multiple overseas deployments while in the army. He however tells you that he is angry with the army hospital system and his program of physical therapy: "I hate this place I've lost everything in life... no one understands what I've been through..... my new leg doesn't fit properly, I am in constant pain...people just treat me like a patient... sometimes I feel he world would be better off without me."

1. Indicate 2 issues which are triggering Melvin's anger mostly? **(4 Marks)**.
2. During the 2nd counselling session, how did the counsellor notice that Melvin was emotionally detached? Give any 3 reasons **(6 Marks)**.
3. Indicate any 4 utterances which clearly reflect that Melvin is emotionally bitter and is not finding meaning in life? **(8 Marks)**.

4. "Working with Melvin requires the counsellor to treat more than just the mental health condition" Write a paragraph to clearly justify the statement **(10 Marks)**.
5. What was the emphasis in Melvin's one week counselling session? **(2 Marks)**.

QUESTION 3

Discuss issues faced by beginning counsellors in a multicultural set up. In your answer, indicate way forward to minimise the encountered challenges **(30 Marks)**.

QUESTION 4

- a) Justify the relevance of behaviour therapy from a multicultural perspective for teachers Eswatini schools **(15 Marks)**.
- b) Clearly indicate the strengths and shortcomings for multicultural counselling in a diversity environment **(15 Marks)**.