

UNIVERSITY OF SWAZILAND

Faculty of Health Sciences

**DIPLOMA IN ENVIRONMENTAL HEALTH SCIENCES YEAR 3
FINAL EXAMINATION PAPER 2006**

TITLE OF PAPER: HEALTH EDUCATION

COURSE CODE : HSC 302

DURATION : 3 HOURS

MARKS : 100

**INSTRUCTION : ANSWER ALL QUESTION.
BEGIN EACH QUESTION ON A SEPARATE SHEET OF
PAPER.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

State whether each statement below is reflecting the physical, mental, emotional, psychosocial or spiritual by writing the correct answer against the number of each statement, e.g. 97= spiritual.

1. He looks sad.
2. He laughs when someone talks to her.
3. He is apprehensive.
4. He was irritable towards her.
5. My eyes are itchy.
6. This problem is tough.
7. I love him.
8. The child cries if I look at her.
9. The food is nice.
10. I need to train.
11. Summarizing a story.
12. This book is too difficult for me.
13. The mother's relationship to her son.
14. AIDS is going to kill all of us if we are not careful.
15. Men are somehow responsible to the spread of HIV/ AIDS.
16. I feel somehow unsafe regarding the spread of HIV/ AIDS.
17. God loves us all.
18. The Holy Spirit shall always help me avoid doing bad things.
19. I know that he hates me.
20. I think I am going to fail the exam.
21. The meat is nice.
22. I will definitely get lost if am not careful.

QUESTION 2

Death is one enemy that every one shall have to face when time comes. But it is always not easy to accept it. Everybody who is being overcome by death, always try to avoid it or even delay it if possible.

Describe briefly the stages of death and bereavement in order of sequence:

- a) Stages of death description and sequence.

(16)

- b) Stages of bereavement description and sequence. (12)

QUESTION 3

- a) Planning is essential in any organization. Discuss the steps that you would take when planning a health education programme. (20)
- b) Discuss five (5) opportunities for health education (5)

QUESTION 4

- a) Briefly discuss the Health Belief Model. (10)
- b) Discuss five (5) approaches to health education. (15)