



UNIVERSITY OF SWAZILAND
Faculty of Health Science

Department of Environmental Health
Sciences

Supplementary Examination 2007

TITLE OF PAPER : HEALTH EDUCATION
COURSE CODE : HSC 302
DURATION : 3 HOURS
MARKS : 100
INSTRUCTIONS : READ THE QUESTIONS & INSTRUCTIONS
CAREFULLY
: ANSWER ALL QUESTIONS
: EACH QUESTION CARRIES 25 MARKS
: NO PAPER SHOULD BE BROUGHT INTO NOR OUT
OF THE EXAMINATION ROOM
: BEGIN EACH QUESTION ON A SEPARATE SHEET
OF PAPER
DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN
GRANTED BY THE INVIGILATOR.

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QUESTION 1

Personality theorists argue that personality consists of the conscious, preconscious and unconscious levels. Discuss clearly the functions of these parts of the mind in one's personality.

- a) Unconscious level {10 marks}
- b) Conscious level {10 marks}
- c) Preconscious {5 marks}

[25 marks]

QUESTION 2

According to Erickson's theory of psychosocial, society has a responsibility to promote individuals' personality. Discuss the consequences that might occur due to societal poor mentoring of the individual, using the crises listed below:

- a) Trust versus mistrust.
- b) Autonomy versus doubt.
- c) Initiative versus guilty
- d) Identity versus role confusion
- e) Integrity versus despair

[25 marks]

QUESTION 3

a) In life, there are behavioral determinants which indicate that a person will be healthy or prone to diseases. Discuss five (5) of those determinants.

(15 marks)

b) Discuss four (4) types of communication.

(8 marks)

c) Discuss BASNEF.

(2marks)

[25 marks]

QUESTION 4

a) The Senior Health Inspector at the Ministry of Health and Social Welfare has posted you in area 'X' and one of your duties is to disseminate health information to the Swazi population using television and radio.

Discuss the advantages and disadvantages of these two media houses.

(20 marks)

b) Discuss five (5) opportunities of health education.

(5 marks)

[25 marks]