

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION
MAY, 2008

TITLE OF PAPER: HEALTH PROMOTION
COURSE CODE:HSC 309
TIME ALLOCATED: 2HOURS
MARKS ALLOCATED:75

- INSTRUCTIONS: 1. READ INSTRUCTIONS CAREFULLY
2. ANSWER ALL 3 QUESTIONS
 3. EACH QUESTION CARRIES 25 MARKS
 4. PLEASE WRITE NEATLY AND LEGIBLY

NB; DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY
THE INVIGILATOR

QUESTION 1

The Ministry of Health and Social Welfare through the environmental health department is responsible for planning health education/promotion programmes on Malaria prevention and control.

- A. Plan a health education programme utilizing eleven steps of planning a programme. (20marks)
- B. Discuss five (5) principles of planning (5marks)

QUESTION 2.

- A. Discuss five (5) health promotion strategies (15marks)
- B. Discuss four (4) aims of health promotion (8marks)
- C. Define health promotion (2marks).

QUESTION 3

A school is a vehicle for any health information.

- A. Discuss ten (10) activities that are carried out by the health professionals in schools. (20marks)
- B. The Supervisor at your workplace has requested you to disseminate health information in school "X". Discuss five (5) points that you have to keep in mind when disseminating the information (5marks).