



UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION PAPER

PROGRAMME : BACHELOR OF SCIENCE IN ENVIRONMENTAL HEALTH SCIENCE YEAR II

COURSE CODE : HSC 201

TITLE OF PAPER : NUTRITION

TIME ALLOWED : TWO (2) HOURS

INSTRUCTIONS : ANSWER ALL QUESTIONS

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR

Question 1

Write brief notes on designing a healthful diet/balanced diet.

[Total Marks = 25]

Question 2

Describe how energy is extracted from the food we eat.

[Total Marks = 25]

Question 3

Explain the Conceptual Framework for Nutritional Well-being as it relates to ending Poverty, Hunger and Malnutrition in Africa.

[Total Marks = 25]

Question 4

a) Describe the three stages in the treatment of severe Protein-Energy Malnutrition. (9 Marks)

b) Discuss inexpensive measures to prevent Protein-Energy Malnutrition. (16 Marks)

[Total Marks = 25]