

# **UNIVERSITY OF SWAZILAND**

## **FACULTY OF HEALTH SCIENCES**

**FINAL EXAMINATION MAY, 2010**

**TITLE OF PAPER: HEALTH PROMOTION**

**COURSE CODE: HSC 309**

**MARKS ALLOCATED: 75**

- INSTRUCTIONS:**
- 1. Read instructions carefully**
  - 2. Answer all questions**
  - 3. Each question carry 25 marks**
  - 4. Please write legibly**

### Question 1

- a. The Ministry of Health has posted you to community X as a change agent in order to change the community behaviour. Discuss six (6) stages that you have to go through in order to be successful in implementing health education programmes (12 marks).
- b. The Minister of Health and Social Welfare has requested the general population through radio and television to send their children for immunization against a new disease. Discuss the five (5) psychological stages which the community will go through before adopting the new idea or innovation (10 marks).
- c. Briefly discuss three principles of learning (3).

**[25 Marks]**

### Question 2

- a. Health promotion programmes are based on community education and social change strategy. Discuss briefly the five (5) parts of social change strategy (15 marks).
- b. When planning a health education programme, a health educator must take into consideration the principles of planning. Briefly discuss five (5) of those principles (10 marks).

**[25 Marks]**

### **Question 3**

- a. Health Education/ promotion is a discipline derived from other disciplines. Discuss this statement (15 marks).
  
- b. The Ministry of Health has instructed you to mobilize community “Y” in order to plan, implement and evaluate health education/ promotion programmes. Discuss five (5) elements of social mobilization that you would utilize to make this programme successful (10 marks).

**[25 Marks]**