

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION

MAY 2013

TITLE OF PAPER: HEALTH PROMOTION
COURSE CODE: HSC 309
DURATION: 2 HOURS
MARKS ALLOCATED: 75

INSTRUCTIONS:

1. ANSWER ALL QUESTIONS
2. READ QUESTIONS AND INSTRUCTIONS CAREFULLY
3. EACH QUESTION CARRIES 25 MARKS.
4. WRITE NEATLY AND LEGIBLY.

N.B. DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

QUESTION 1

- A. Communication is important for health educators to effect changes in knowledge, attitudes and practices of people in promoting health, prevention of diseases as well as rehabilitation. Analyze the components or elements of communication that you would utilize for effective communication.

(12 marks)

- B. The Ministry of Health has instructed you to mobilize community “y”. Discuss five (5) elements of social mobilization that you would utilize to effect change in the community.

(10 marks)

- C. Define health promotion.

(3 marks)

QUESTION 2

- A. The Ministry of Health is responsible for educating the public on health issues through the health education unit. Describe the aim or purpose of educating the public and support your answer with examples.

(12 marks)

- B. The school is a vehicle for health information. Emmerate and outline the role the health services that should be offered by the school health team.

(13 marks)

QUESTION 3

- A. The Ministry of Health through your supervision has instructed you to assist adults to learn. Apply six (6) principles of learning in this situation.

(12 marks)

B. The first international conference on health promotion, meeting in OTTAWA in 1986 was mainly a response to growing expectations for a new public health movement around the world. Discuss briefly seven (7) fundamental conditions and resources for health.

(13 marks)