



UNIVERSITY OF SWAZILAND  
Faculty of Health Sciences  
Department of Environmental Health Science

DEGREE IN ENVIRONMENTAL HEALTH SCIENCES

FINAL EXAMINATION PAPER 2016

- TITLE OF PAPER : PRINCIPLES OF OCCUPATIONAL HEALTH AND SAFETY
- COURSE CODE : EHM 211
- DURATION : 2 HOURS
- MARKS : 100
- INSTRUCTIONS :
- : READ THE QUESTIONS & INSTRUCTIONS CAREFULLY
  - : QUESTION 1 IS COMPULSORY
  - : ANSWER **ANY OTHER THREE** QUESTIONS
  - : EACH QUESTION **CARRIES 25** MARKS.
  - : WRITE NEATLY & CLEARLY
  
  - : NO PAPER SHOULD BE BROUGHT INTO THE EXAMINATION ROOM.
  
  - : BEGIN EACH QUESTION ON A SEPARATE SHEET OF PAPER.

DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR.

**QUESTION 1**

**I.**

**For the following statements as applied in principles of occupational, health and safety write whether they are true or false.**

- a) An occupational hazard is a risk accepted as a consequence of a particular occupation
- b) Occupational illness is defined as a condition that results from exposure in a workplace to a physical, chemical or biological agent to the extent that the normal physiological mechanisms are affected and the health of the worker is impaired.
- c) Occupational hazards include risk of accident and of contracting occupational diseases.
- d) Threshold limit value (TLV) refers to airborne concentration of a substance and represents conditions under which it is believed that nearly all workers may be repeatedly exposed day after day without adverse health effects.
- e) Thresholds limit value for fumes, mists, and dusts as milligrams per cubic meter (mg/m<sup>3</sup>) of surrounding air.
- f) Threshold value-time weighted average is the time weighted concentration for a normal 8-hour workday and a 40-hour workweek, to which it is believed that nearly all the workers may be repeatedly exposed day after day, without adverse health effect.
- g) Threshold value- short term exposure limits the maximum concentration of a substance to which it is believed that nearly all the workers can be exposed continuously for a short period of time, without suffering irritation; chronic or irreversible tissue damage or narcosis of sufficient degree to increase the likelihood of accidental injury, impair self-rescue or materially reduce work efficiency
- h) threshold limit value ceiling - exposure limit or maximum exposure concentration that should not be exceeded under any circumstance, while meeting the daily TLV-TWA.
- i) Skin Notation designated "Skin" refers to the potential significant contribution to the overall exposure by the cutaneous route.
- j) Dermal exposure can result in occupational skin diseases and systemic toxicity.

**[20 marks]**

**II.**

If a pure tone acoustic wave has a S.I.L of 90 dB what is the peak value of acoustic pressure?

**[5 marks]**

**QUESTION 2**

i. Describe skin hazards

**[6 marks]**

ii. Describe dermal absorption of chemicals.

**[15 marks]**

iii. Define the word ergonomics as it is applied in occupational health and safety

[4 marks]

### **QUESTION 3**

i. A reverberant enclosure 8m long, 5m wide and 3m high, has an average absorption coefficient of 0.02. What is the reverberation time of the enclosure?

[3 marks]

ii. Describe three mechanisms by which chemicals diffuse into the skin.

[9 marks]

iii. A sound source emits 1 watt of power, calculate the sound power level.

[7 marks]

iv. Prove that doubling the power leads to an increase of 3 dB in the sound power level.

[6 marks]

### **QUESTION 4**

a) With the aid of a diagram describe the anatomy and physiology of the skin and occupational disease that may affect it.

[8 marks]

b) Name two ways to reduce the dose of a harmful agent or energy

[2 marks]

c) Describe five dose reduction methods used to prevent occupational disease.

[15 marks]

### **QUESTION 5**

a) Name two types of chemical agents responsible for causing occupational skin disease and disorders.

[2 marks]

b) Briefly describe how a workers skin may be exposed to chemical hazards.

[4 marks]

c) Describe five physical hazards and their likely effects on worker's health if exposed to them.

[10 marks]

d) Describe three risk factors associated with musculoskeletal injuries and illnesses

[9 marks]

### FORMULAE- ACOUSTIC AND HEALTH

- 4
- $i=1$  1.  $W = \sum p_{rms(1)}^2 S_i$ , where  $\rho C = 420$  RAYLS.
2.  $L_p = 10 \log (p_1/p_0)^2$
3.  $NR = 10 \log_{10} = \frac{TA_2}{TA_1}$
4.  $SPL_t = 10 \log_{10} [ \sum 10^{SPL/10} ]$
5.  $L_w = 10 \log W/W_0$
6.  $I = \frac{W}{A}$
7.  $I = p_{rms}^2$  or  $p_{rms} = (I \rho C)^{1/2}$
- $\rho C$  8. S.I.L =  $10 \log_{10} (I/I_{ref})$
9.  $R = \frac{S \bar{\alpha}}{1 - \bar{\alpha}} = 19.8 = 22.10$
10.  $\bar{\alpha} = \frac{S_1 \bar{\alpha}_1 + S_2 \bar{\alpha}_2 + \dots}{S_1 + S_2}$
11.  $SPL_t = SWL + 10 \log_{10} \left\{ \frac{Q}{4\pi r^2} + \frac{4}{R} \right\}$
12.  $T = \frac{0.161 V}{S \bar{\alpha}}$
13.  $T = \frac{0.161 V}{-S [\ln (1 - \bar{\alpha})] + 4mV}$
14.  $\tau = \frac{p_i^2 / \rho C^2}{p_i^2 / \rho C^2}$
15.  $TL_{brick} = 10 \log_{10} \left\{ \frac{1}{\tau} \right\}$