

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCE
DEPARTMENT OF MIDWIFERY

SUPPLEMENTARY EXAMINATION PAPER, JULY 2005

TITLE OF PAPER : **COMMUNITY MIDWIFERY**

COURSE CODE : **MID 103**

TIME ALLOWED : **THREE (3) HOURS**

INSTRUCTIONS : **1. ANSWER ALL QUESTIONS.**
2. WRITE EACH NEW QUESTION ON A NEW PAGE.

THIS QUESTION PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

QUESTION 1

Zitsile is a fourteen year old school girl. She is 30 weeks pregnant, but still attends school. She presents for antenatal care for the first time and this is her first pregnancy. She tells you that she has not gained the courage to tell her parents that she is pregnant as she fears the negative effect this would have on her mother, who is struggling to pay her fees at school.

1.1 Describe the five social problems that Zitsile may encounter (5)

1.2 Discuss your management of Zitsile during this visit under the following headings

1.2.1 History taking (10)

1.2.2 Physical examination and treatment (10)

Total Marks 25 marks

QUESTION 2

2.1 Identify two advantages of home birth (2)

2.2 List six pregnancies that cannot be delivered at home (3)

2.3 Noma, a married woman of 28 years, gravida 2 para 1, has just delivered a full term baby at Mbabane Government hospital. The baby's weight is 3.3kg.

2.3.1 Discuss your domiciliary management of Noma for the next 10 days.
Your management should cover the following:

2.3.1.1 Baby care (5)

2.3.2 Care to the mother (5)

2.3.3 Care to the family (5)

2.4 Describe the professional team that midwives collaborate with during delivery of their services (5)

Total 25 marks

QUESTION 3

- 3.1 List three objectives of this post abortion care according to the Swaziland National Policy Guidelines and Service Standards for Reproductive Health Including, HIV /AIDS provides for Post Abortion Care. (6)
- 3.2 Identify reasons that might lead to an increase in criminal abortions. (6)
- 3.3 Plan a diet for a pregnant teenager using the locally available food items and, considering teenage eating behavior. (8)
- 3.4 Differentiate between Anorexia Nervosa from Bulimia Nervosa in a teenager by considering the history only (5)

QUESTION 4

- 4.1 Swaziland is a patriarchal society. Describe how this situation affects women under the following headings:
- 4.1.1 Long hours of work for a woman who is pregnant (6)
 - 4.1.2 Polygyn (6)
 - 4.1.3 Access to family planning services. (6)
 - 4.1.4 Infertility (6)

TOTAL MARKS 25