

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION MAY 2005

PROGRAMME : CERTIFICATE IN COMMUNITY MENTAL HEALTH NURSING

COURSE : NUR 311

TITLE OF PAPER : COMMUNITY MENTAL HEALTH NURSING

DURATION : 3 HOURS

MARKS: : 100

INSTRUCTIONS

1. ANSWER ALL QUESTIONS
2. WRITE EACH QUESTION ON A SEPARATE SHEET OF PAPER

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

Question 1

In linear causality type of counseling, the counselor follows certain steps when counseling the individual/client. Define and describe clearly as to what would you do as a psychiatric nurse counselor during the following steps of modern counseling bellow:

- (a) Initial phase
- (b) Working phase
- (c) Termination phase [25 marks]

Question 2

The internalization of the concept of the therapeutic self enables the psychiatric nurse to develop positive attitudes that also enables the nurse to provide the best possible care. Describe clearly the nurse attitude bellow;

- (a) Personal worth. 6 marks
- (b) Personal integrity. 6 marks
- (c) Open minded. 6 marks
- (d) Advocacy 6 marks
- (e) Hopefulness 6 marks

Question 3

The promotion of mental health of individual is a very important task in the world of psychiatric nursing science. Describe clearly as to what do you think the five factors bellow would enhance the development of mental health by psychiatric nurses in Swaziland.

- (a) Adequate number of nurses
(7 marks)
- (b) Dis-centralized of mental healthy services
(8 marks)
- (c) Availability of a mental health policy
(5 marks)
- (d) Availability of funds
(5 marks)

Total : [25 marks]

Question 4

The historical background on the development of any profession is professionally essential to be understood by the professionals of that profession, likewise the psychiatric nursing profession by psychiatric nurses.

1. Describe clearly as to how issues that occurred in the periods mentioned bellow affected the development of mental health in Southern Africa , with Swaziland as an example.
 - (a) Early period up to the renaissance
7 marks
 - (b) The reformation
4 marks
 - (c) The nineteenth century
4 marks
 - (d) The twentieth century.
4 marks

[20 marks]