

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION
MAY 2005

PROGRAMME : BACHELOR OF NURSING SCIENCE

COURSE : NUR 406

TITLE OF PAPER : COMMUNITY HEALTH NURSING I

DURATION : 3 HOURS

MARKS: : 100

INSTRUCTIONS

1. ANSWER ALL QUESTIONS
2. WRITE EACH QUESTION ON A SEPARATE SHEET OF PAPER

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QUESTION ONE

You are a Community Health Nurse working at Lobamba clinic in the Hhohho region. You observe that people are undernourished, particularly children and the elderly in the community. According to your assessment, one of the major causes that is central to this problem is poverty.

Discuss intervention strategies that you would implement towards minimizing the Problem of poverty and its effects on health.....(25 marks)

QUESTION TWO

The Dlamini have been married for five years. Last month, the Ministry of Health and Social Welfare offered HIV testing to every one in their community. They agreed to be tested and now have returned for their results. You have the results, one of the Dlamini is positive and one is negative. Assume you have chosen to tell the couple separately.

(A) What three (3) issues will you discuss with the partner whose test is negative? (3 marks).

(B) Explain how you will tell the partner who is positive..... (10 marks).

© What would you counsel them about?.....(12 marks).

TOTAL= 25 marks

QUESTION THREE

Syndromic management of Sexually Transmitted Infections (STIs) is based on identification of consistent groups of symptoms and easily recognized signs (syndromes) and the provision of treatment that will deal with the majority of most serious organisms responsible for producing each syndrome.

(1) State five (5) objectives of syndromic management of STIs..... (5 marks).

(11) Using the following topics, describe how you would improve the quality of care for patients with STIs:

**A) Making services accessible and user friendly
.....(5 marks).**

B) Taking a good history,.....(5 marks).

**C) Examine the patient gentle and with respect
.....(3 marks).**

D) Counsel on Safer Sex.....(7 marks).

TOTAL:25 Marks

QUESTION FOUR

The Ministry of Health and Social Welfare (MOH&SW) has an assumption that area B has many health problems. Discuss the steps that will be taken by health professionals to diagnose the community in order to plan for change.....(25 marks)