

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION MAY 2005

PROGRAMME : BACHELOR OF NURSING SCIENCE
COURSE : NUR 450
TITLE OF PAPER : NORMAL PSYCHOLOGICAL DEVELOPMENT
DURATION : 3 HOURS
MARKS: : 100

INSTRUCTIONS

1. ANSWER ALL QUESTIONS
2. WRITE EACH QUESTION ON A SEPARATE SHEET OF PAPER

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

QUESTION 1

Personality growth and development is a complex phenomenon that needs to be understood by psychiatric nurses who are involved in promoting individuals' mental health. This is because personality growth and development hinges a lot on the intra-action between the physical, mental, emotional, psychosocial and spiritual parts of personality.

In your own understanding, discuss the importance of the physical, mental, emotional, psychosocial and spiritual parts in personality growth and development.

[25 marks]

QUESTION 2

Freud's theory describes personality as a phenomenon that consists of the ID, Ego and Superego. According to the theory personality is divided into three levels of consciousness namely conscious level, preconscious level and unconscious level respectively.

- a) Discuss as to how does the super-ego protect an individual from wickedness.

(10 marks)

- b) Discuss some of the weaknesses of the ID in personality growth and development.

(10 marks)

- c) Explain as to how the ego keeps the ID in check.

(5 marks)

[25 MARKS]

QUESTION 3

The promotion of mental health of individuals is professionally done for the purpose of enhancing normal growth and development of the individuals. However, mental health promotion is executed through the primary, secondary and tertiary levels of primary mental health care prevention.

In your own understanding, discuss as to what is meant by primary, secondary and tertiary prevention in mental health promotion.

a) Primary prevention.

(12 marks)

b) Secondary prevention.

(8 marks)

c) Tertiary prevention.

(5 marks)

[25 marks]

QUESTION 4

The absence of program or department for child and adolescence mental health, seems to indicate that the department of mental health is faced with serious professional set-backs regarding the promotion of mental health of children in Swaziland.

In your own understanding discuss five stumbling blocks that hinders the promotion of mental health in Swaziland. Five marks for each stumbling block.

[25 marks]