

# **UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF COMMUNITY**

**COURSE TITLE : MENTAL HEALTH PROBLEMS AND SOCIETY**

**COURSE CODE: NUR 550**

**SUPPLEMENTARY EXAMINATION**

**JULY 2005**

**Instructions:**

1. Answer all questions
2. Time allowed for the examination is three (3) hours
3. Total marks for this examination are 100

### QUESTION 1

The abuse of alcohol is rampant in Swaziland. However, a majority of people taking alcohol are not aware that they have a substance use disorder.

- a) Briefly describe the DSM IV classification of substance use disorders. (10)
- b) Mgobo, a 50-year old employed as an accountant in a private company is admitted with broken ribs and a fractured leg and contusions following a car accident due to his drinking. This admission after an accident is the third one this year. He admits that he has a drinking problem. He has had the problem for 15 years but says he only drinks when he has problems. On physical examination he has a large hard liver, appears malnourished and reports difficulty with sleep.
  - i) What is Mgobo's probable problem (1)
  - ii) Outline the nursing care Mgobo will require for his problem (14)

TOTAL : 25

### QUESTION 2

As a nurse at the Malindza Refugee camp, how would you identify refugees who have experienced.

- i) Emotional disturbances associated with intense fear and worry (9)
- ii) Beatings or other injuries to the head (8)
- iii) Violent, hurtful and terrifying experiences (8)

TOTAL : 25

**QUESTION 3**

In Swaziland, about 40% of children are born of teenage mothers. What mental health implications are there for both the teenaged parents and their children?

(25)

TOTAL : 25

**QUESTION 4**

Violence within families is a common occurrence in society. Briefly discuss violence in the family under the following sub-headings:

- i) Child abuse and possible/relevant intervention strategies. (13)
- ii) Elder abuse and possible intervention strategies. (12)

TOTAL : 25