

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

SUPPLEMENTARY EXAMINATION QUESTION PAPER JULY, 2006

TITLE OF PAPER : INTRODUCTION TO MIDWIFERY

COURSE CODE : NUR 300

DURATION : TWO (2) HOURS

TOTAL MARKS : 75

INSTRUCTIONS : 1.ANSWER ALL QUESTIONS

2. FIGURES IN BRACKETS INDICATE MARKS ALLOCATED FOR EACH OR PART OF A QUESTION

3. ANSWER EACH QUESTION ON A NEW PAGE

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**(NUR 300) INTRODUCTION TO MIDWIFERY**

**SUPPLEMENTARY EXAMINATION**

**Question 1**

1.1 You are a midwife working at Gege clinic. You met with a couple Musa and Zihle. Zinhle is 28 weeks gestation and has come for antenatal care for the first time. During your consultation, you discussed the importance of certain practices/behaviors during pregnancy.

1.1.1 Explain why the following are important in pregnancy

1.1.1.2 Rest and sleep (2)

1.1.1.3 Diet in Pregnancy, (5)

1.1.1.4 Exercises (2)

1.1.1.5 Suitable clothing (1)

1.1.1.6 Dental care (2)

1.1.1.7 Avoiding substance abuse (4)

1.2 Describe the functions of the human chorionic gonadotrophic hormone (4)

1.3 Describe the following signs and symptoms in pregnancy

1.3.1 Chardwick's sign (1)

1.3.2 Lightening (1)

1.4 Describe the following examinations:

1.4.1 Pawlicks Grip (1)

1.4.2 Fundal palpation (1)

1.5 Describe a positive pregnancy test (1)

(25 marks)

## **Question 2**

2.1 Identify the functions of the following in pregnancy

2.1.1 The vagina (5)

2.1.2 Amniotic Fluid (5)

2.1.3 Progesterone hormone (5)

2.2 Discuss the psychosocial changes that take place in woman during the first trimester of pregnancy (10)

25 marks

## **Question 3**

3.1 List five aims of preconception care (5)

3.2 Imagine that you are being consulted by a couple; Phumi and Sipho. They are both 25 years of age. They have planned to have their first baby and seek advice from you with regard to preparing for conception.

3.2.1 Outline the information you will provide in guiding them into pregnancy (10)

3.3 Discuss the functions of the placenta under the

3.3.1 Protection (3)

3.3.3 Excretion (2)

3.3.4 Nutrition (3)

3.3.5 Respiration (2)

(25 marks)